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MISSION TO MARS

PART 3 OF OUR FEATURE ON A HUMAN EXPEDITION TO THE RED PLANET DETAILS A FOUR-MONTH SOCIAL EXPERIMENT (IN HAWAII) DESIGNED TO SIMULATE LIFE ON MARS

PAGES 18 & 19

The Not-So-Amazing Spider-Man

The Real Guys weren't too impressed with the movie. Use Metro AR and see for yourself PAGE 23

Move for a job? No, thanks

New survey suggests fewer than half of Canadians are willing to relocate for employment opportunities PAGE 20

Ont. budget 'very good news for Ottawa': Mayor

Funding. Money coming to help stop sewage overflows into river

Mayor Jim Watson said he was "delighted" at the 2014 Ontario budget announced Thursday, saying it means the Ottawa River Action Plan will get the $65 million it needs from the province to complete the project.

While the mayor said the exact funding amount hasn't been disclosed, he expects MPPs will confirm specifics on Friday.

"Our understanding from discussions have been that the request for $65 million has been agreed to," Watson told reporters in a post-budget media availability.

For years, the city has been trying to find a way to stop raw sewage from spilling into the Ottawa River, especially after heavy rainfalls. The partially completed ORAP project is the city's answer to this environmental black eye.

Already completed phases of the project have reduced sewage overflows by 80 per cent, according to the city. The next phase is to build the "Combined Sewage Storage Tunnel" at a cost of $195 million.

The city is hoping to share a third of the cost of the tunnel with each level of government. Based on his discussions with Ottawa West-Nepean MP John Baird, the mayor expects the last bit of funding to come through.

Still, a cloud of uncertainty hovered over those glowing remarks with Ontario Premier Kathleen Wynne giving the NDP a week to decide if the party will support her budget or spark an election.

"If the budget is defeated, it will set back these projects perhaps by a few months, perhaps longer," said Watson. "Any new government will have to bring in a new budget and we will be there to represent Ottawa's interests to see that these important city-building projects are kept alive."

JOE LOFARO/METRO

Ontario Finance Minister Charles Sousa visits his former elementary school at Ryerson Community Public School for a pre-budget day photo opportunity in Toronto on Wednesday. For more on the budget, see page 4. DARREN CALABRESE/THE CANADIAN PRESS

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Report. Bus didn't cause signal glitch

Recent rail signal malfunctions that Via Rail blamed on OC Transpo drivers were caused by a second crossing gate that was stuck out of position, an expert report has determined.

While the report by signal maintenance firm RailTerm hasn't been made public, some of its findings came to light thanks to a public spat between the City of Ottawa an Via.

Earlier this week in a news release, Via blamed two malfunctions — one last Friday and another on Monday — on OC Transpo drivers who VIA said failed to stop at a stop line.

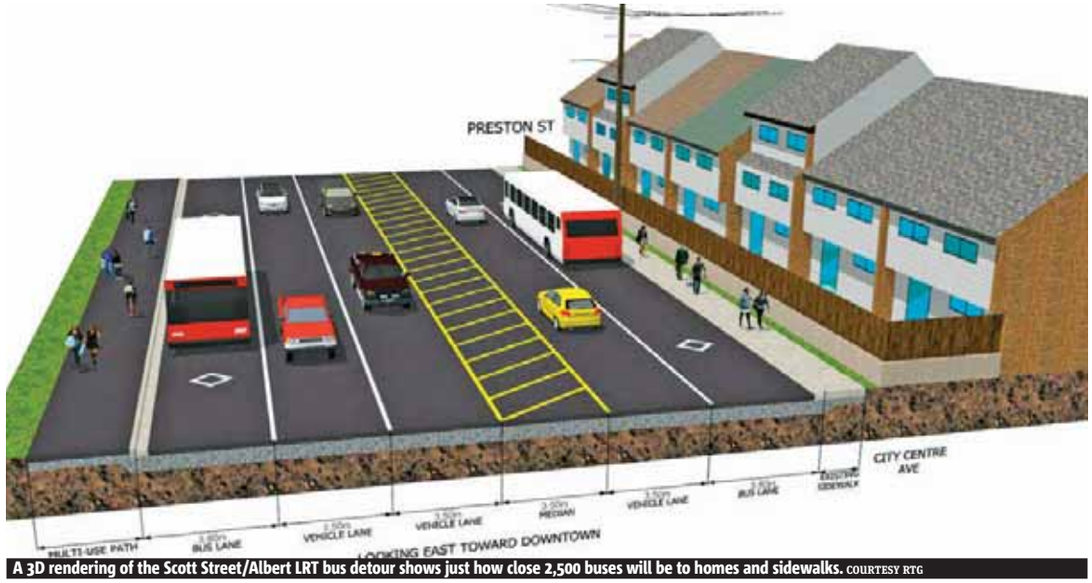
Ottawa Mayor Jim Watson said in a letter released to media Thursday morning that Via did correct itself, but that afternoon, the Crown corporation doubled down on its contention that the bus hit the signal arm, even if experts later determined it didn't cause the signal to malfunction.

The company said the city shared a video showing what happened.

"The video shows that the OC Transpo bus clearly stopped beyond the stop line, the north gate hit the bus, and the OC Transpo bus proceeded to back up to the regulated stop line," Via said.

"Notwithstanding the cause of Monday evening's incident, it remains that on both Friday, April 25th and Monday, April 28th, OC Transpo buses stopped beyond the stop line. For Via Rail, these types of breaches are unacceptable," the latest Via press release said.

METRO



A 3D rendering of the Scott Street/Albert LRT bus detour shows just how close 2,500 buses will be to homes and sidewalks. COURTESY RTG

No bus-sidewalk buffer zone? No prob

LRT detour safety. Rideau Transit Group's look at audit 'disappointing,' says councillor

TREVOR GREENWAY
trevor.greenway@metronews.ca

Ottawa city councillor Diane Holmes says the Rideau Transit Group's (RTG) safety audit concerning detouring buses on Scott and Albert Street during LRT construction is "very disappointing."

"Of the 16 pages or so, there is half a page on Albert Street and Albert Street is the street with the most problems and most people living right on that sidewalk where all the buses will be," the Somerset councillor told Metro on Thursday.

One of the major concerns for Holmes and many residents is pedestrian and cycling safety, as 2,500 buses a day will travel down Albert Street in a dedicated right-hand lane that is very close to the sidewalk. The only thing the RTG safety audit calls for is a pedestrian guardrail along the Bayview Road Station, but Holmes says it isn't enough.

She compared the RTG audit with a previous safety report done by Intus Road Safety Engineering Inc. in 2012, which suggests that pedestrians and cyclists on the south sidewalk "are at an increased risk of being struck by errant motor vehicles."

The RTG audit calls for no changes to pedestrian and cycling routes along the road.

Albert Street resident and candidate for Somerset Ward, Catherine McKenney, is surprised that the RTG report had no mention of a buffer between the bus lane and the sidewalk. She's says it's a busy pathway that needs some sort of safety net.

"It's horribly dangerous. People walk there and the sidewalk is so close to that bus lane," she said.

Another disappointment for Holmes is the lack of any air quality report in the safety audit, especially since thousands of buses will be "spewing toxins" toward houses that are as close as 15 feet away.

"It's the status quo. (The RTG) don't have any interest in trying to improve the life over these two and a half years for the people who live on Albert," she said.

"They are the closest to the buses, they have bedrooms 15 feet away from the bus lane, so there will be vibration, there will be noise, there will be air quality issues."

The report will come to council next week, but currently it's an "Information Previously Distributed" item, meaning councillors can't debate it and can only "read it and accept," says Holmes.

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Procrastinating on filing those taxes? You're not alone, says report

Another dreaded tax season, another year to procrastinate — only this year thanks the Heartbleed computer bug you get an extension on the deadline to May 5.

If you live in Ottawa, you're likely to wait until the last minute to file, but you're not as bad as people who live in Winnipeg, according to statistics released by Intuit, the maker of the TurboTax software.

Nationally, as of Monday, Ottawa was seventh out of the top-10 procrastinating cities across Canada when it comes to putting off waiting for the taxman. Some 98.18 per cent of residents still hadn't filed on April 28, according to the software firm.

Those who live in Montreal or Brampton? Hurry up. You come in first and second, respectively, for last-minute filers. Hamilton is third followed by Quebec City.

This is the fifth year Intuit has compiled these statistics. The company says it's secure, private and does not dig into individual data.

"I think it's just a fun way of looking at taxes," said Matt Kanas, spokesperson for TurboTax. "We always seem to get a good chuckle out of it every year."

He said they can't speculate much on the reasons why some regions are worse procrastinators than others.

"It doesn't say that one city is lazier than the other," he said.

He also can't say whether the Heartbleed bug that stole 900 Social Insurance Numbers (SIN) from the Canada Revenue Agency (CRA) played a role in this year's stats or the ensuing extended deadline to May 5.

A big surprise for Kanas this year: Millennials lead the pack when it comes to donations. In total, 15.5 per cent of that age group submitted donation receipts.

As of April 21, nearly 634,000 Canadians have filed their taxes with TurboTax. Of that, 39.4 per cent are Millennials.

While it's all for fun, the stats are a "gentle reminder" to get Canadians to "hurry up and file," said Kanas.

"The sooner you file, the sooner you'll get your refund," he said.

New stats are due out Monday from the software firm.

LUCY SCHOLEY/METRO

Quoted

"It doesn't say that one city is lazier than the other."

Matt Kanas, spokesperson for TurboTax

Late filers

Top 10 procrastinating cities:

- Montreal — 98.97 per cent haven't filed
- Brampton — 98.88 per cent
- Hamilton — 98.88 per cent
- Quebec — 98.88 per cent
- Toronto — 98.57 per cent
- Mississauga — 98.50 per cent
- Ottawa — 98.18 per cent
- Surrey — 98.05 per cent
- Winnipeg — 98.02 per cent
- London — 97.85 per cent

Ontario Minister of Finance Charles Sousa delivers the budget speech in the Legislative Assembly of Ontario during the reading of the Budget at Queen's Park on Thursday. DAVID COOPER/TORSTAR NEWS SERVICE

NDP gets deadline to support Liberal budget

Wynne looking for back up. The make-it-or-break-it budget tabled Thursday could seal the fate of the minority Liberals

Ontario's minority Liberals are giving the New Democrats a week to decide whether they'll support their new budget or force an election.

Premier Kathleen Wynne says she wants to meet with NDP Leader Andrea Horwath by May 8 to discuss whether her party will support the $130.4-billion spending blueprint.

If Horwath — who did not comment on the budget Thursday — agrees to support it, Wynne says she wants to determine a plan for passing it before the legislature rises in June.

The make-it-or-break-it budget tabled Thursday could seal the fate of the minority Liberals, who need the support of at least one of the opposition parties to avoid defeat.

The New Democrats have propped them up in the past, but Horwath wouldn't say what she'll do.

Wynne says the contents of the budget have been discussed in recent weeks, so the NDP don't need too much time to review the document.

THE CANADIAN PRESS

New budget

Highlights of the 2014-2015 Ontario budget:

- The deficit is expected to rise to $12.5 billion next year from $11.3 billion in 2013-14, before falling to $8.9 billion in 2015-16. The Liberals say they still plan to balance the books by 2017-18.
- Revenues are down almost $1.2 billion from the budget projections for 2013-14 to an estimated $115.6 billion.
- Program spending will grow next year by almost $3 billion.
- Net debt ballooned to $269.2 billion for the year ending March 31 from $252.1 billion the previous year, leaving a debt-to-GDP ratio of 38.9 per cent, which is expected to grow to 40.3 per cent next year.
- $29 billion over 10 years for public transit, roads, bridges and infrastructure.
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Public Safety Minister Steven Blaney announced a new government plan on Thursday to help female offenders with mental health issues in light of the Ashley Smith inquest. JOE LOFARO/METRO

Smith inquest spurs action plan

Mental health. Pilot project will add two mental health beds for female offenders at facility in Brockville

JOE LOFARO
joe.lofaro@metronews.ca

The federal government announced Thursday it is launching a pilot project that will add two beds at a Brockville correctional facility specifically for female offenders with serious mental health issues.

Public Safety Minister Steven Blaney announced details of the new program at the Royal Ottawa Mental Health Centre. The minister's office said it is a "proactive and dedicated" approach to serious mental health for federal offenders.

"This is part of a broader umbrella of services that is in the capacity of a correctional service," said Blaney. "What we are doing today is expanding our ability to receive more and severe cases, and then they are treated in an environment that is safe for them and where they can be treated appropriately."

Public Safety Canada also announced its new five pillar Mental Health Action Plan for federal offenders, in response to recommendations from a coroner's inquest into the death of Ontario teen, Ashley Smith.

Smith, 19, died at the Grand Valley Institution for Women in Kitchener on Oct. 19, 2007 after asphyxiating herself in a segregation cell.

"The death of Ashley Smith was a terrible tragedy," said Blaney, adding that Correctional Service of Canada will release a final report in response to the jury's recommendations by December 2014.

YouTube video shows buses running red lights

A video posted to YouTube Wednesday appears to show several OC Transpo buses running red lights on the Slater Street transit way in downtown Ottawa.

The nine-minute video posted by an anonymous person contains a voice-over describing the "experiment."

The video shows 22 incidents in which OC Transpo buses appear to run a red light at the intersection of Slater and Metcalfe Streets. The voice says toward the end of the video that the footage was recorded on five different days over a span of several months.

"Red light violations occurred on every single day," the voice says on the video. Several buses can bee seen crossing Metcalfe Street after the red light illuminates on the traffic light above as pedestrians wait for their turn to cross the street.

The video also casts aspersions on bus drivers and the head of the city's transit commission — statements Transpo General Manager John Manconi said in an email he "absolutely" rejects.

OC Transpo said Thursday afternoon it is aware of the video and is investigating it. Manconi said in an email that he would need to meet with the video's poster and find out more about when it was shot.

"Our organization has checks and balances ensuring that safety is a priority for all of us, including training and mentoring, communications with operators, on-street monitoring of operations through transit supervisory staff and special constables, GPS systems and multiple customer contact points and progressive disciplinary action when warranted," Manconi said.

JOE LOFARO/METRO

See the video at metronews.ca

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Tommy Europe is one of several celebrity personal trainers who will be teaching fitness classes at the Activate Expo in Ottawa this weekend. PHOTO COURTESY OF HARPERCOLLINS

OK, Ottawa couch potatoes, drop and give me twenty!

Activate Expo. While celebrity fitness experts like Tommy Europe likely won't make you do pushups you can get some advice on health

SEAN MCKIBBON
sean.mckibbon@metronews.ca

Feeling like the couch potatoes around your house are starting to put down roots? Tired of the weekly pilgrimage to the mall?

Why not take the family to the Activate Expo at the EY Centre this weekend?

"This expo was developed to really engage the community to educate and get people moving," says local personal trainer and the expo's founder Connie Beaulieu.

"We have a series of workshops and demos to get people active, educated and motivated and we have an emphasis on kid fitness."

Kid fitness? Ottawa's an active town, but sometimes it can be difficult to find an activity that involves the whole family, says Beaulieu. Fortunately her expo won't just be a floor show with a bunch of health and wellness kiosks and fitness equipment companies looking to educate and sell you stuff (although it will have that). No, there's also the Fitness Fam Jam for Kidney Health (you have to register for it online at activateexpo.ca) — a charitable fitness class for adults and their kids to do together, and the Activate Kids & Youth Fitness Challenge a free fun circuit training challenge for kids six and up to do with their parents.

See the stars

Who else is at the expo?

- Chis Powell from ABC's Extreme Weight Loss
- Celebrity and pro athlete personal trainer Todd Durkin from San Diego
- Boot camp trainer Ken "Sgt. Ken" Weichert
- CTV fitness correspondent Libby Norris
- Tommy Europe, of Bulging Brides fame

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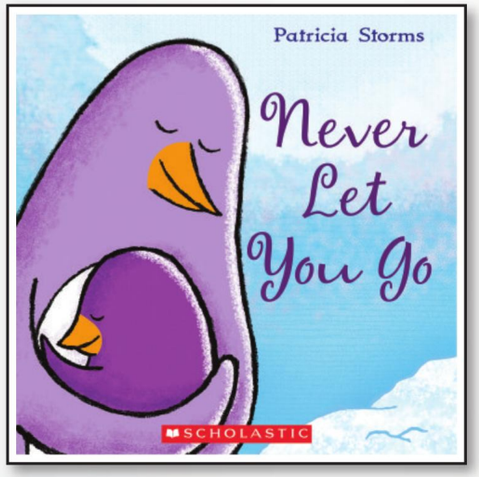


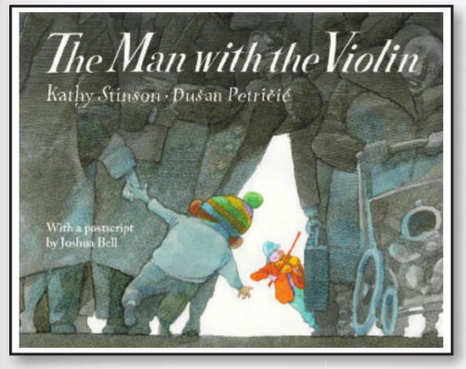
AUTHOR/ILLUSTRATOR: Patricia Storms
PUBLISHED BY: Scholastic Canada

I love you, little one.
I will care for you,
and treasure you always.
And I will never let you go.

Except when you have to chase the stars.
And when you throw a tantrum.
Or need some quiet time.

But other than that, little one . . .
I will never let you go.

The Man with the Violin



AUTHOR: Kathy Stinson
ILLUSTRATOR: Dušan Petričić
PUBLISHED BY: Annick Press

Dylan was someone who noticed things.

His mom was someone who didn't.

One Friday in January was a day like any other until...

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The high notes soar to the ceiling. The low notes swoop to the floor. All the notes swirl and sweep around the blur of people rushing here and rushing there. The music is telling an exciting story. It makes the hairs on the back of Dylan's neck tickle.

"Mom, wait!"

The man with the violin sways this way and that. His fingers move quickly. His bow dances across the strings. The skittering notes make Dylan want to dance too. Then the music slows and the man's eyes close as if the music is carrying him from *bustle– bustle–bustle* to somewhere far, far away.

"Please, Mom? Can't we stop? Please?"
If only they could listen for even a minute!
"Not today."

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Toronto mayoral candidate Karen Stintz calls Rob Ford's remarks "gross." Scan the photo below with your Metro News app to see a video of her and fellow candidate Olivia Chow's response.

Toronto Mayor Rob Ford leaves his home early Thursday. After maintaining for months that he is not an addict or an alcoholic, Rob Ford announced Wednesday he is seeking help for substance abuse as media reports emerged with new drug and alcohol allegations. FRANK GUNN/THE CANADIAN PRESS

Ford silent as he leaves for rehab

'He's a broken man.' But mayor will apparently remain in the running for October's election

Mayor Rob Ford left home Thursday, hours after announcing plans to take leave to deal with his substance-abuse problems amid a triple dose of scandalizing revelations that have raised further questions about his fitness for office.

Confronted with reports of a recent video showing him allegedly smoking crack cocaine, an audio recording of the mayor spewing profanities and making lewd comments about a fellow mayoral contender, and witness accounts of him snorting cocaine at a city nightclub, Ford said he would be seeking "immediate help."

"He's a broken man. He's got a lot of demons," Ford's lawyer Dennis Morris told The Canadian Press. "He realizes that he's not well and in need of help. He's just running off the rails. That's something he now appreciates."

Ford did not speak to reporters in front of his home as he left in a two-car convoy Thursday morning.

A private plane flew him to Chicago, Global TV reported, while CBC cited his brother as saying Ford would be spending 30 days at an unspecified addictions facility.

At a news conference Thursday, an emotional Doug Ford said facing your problems and deciding to seek help is not easy. "I told Rob that everyone knows someone who has faced these challenges and I know they will wish him well and a speedy recovery," he said.

The scandal-plagued mayor's latest woes began late Wednesday, with a trio of damaging newspaper reports.

The Globe and Mail said a drug dealer had shown two of its reporters video of Ford allegedly smoking what was said to be crack in the basement of his sister's home early Saturday morning.

Then, in an audio recording from a bar obtained by the Toronto Sun, Ford is heard making anti-gay remarks, using an offensive ethnic slur, and saying he would like to "jam" rival candidate Karen Stintz.

In a third report, the Toronto Star published details of "two nights of utter debauchery" involving Ford at a Toronto nightclub a few weeks ago.

THE CANADIAN PRESS

Mayoral candidate Karen Stintz reads from a prepared statement regarding the latest Rob Ford allegations at city hall in Toronto on Thursday. DARREN CALABRESE/THE CANADIAN PRESS

Toronto Mayor Rob Ford is shown with what appears to be a pipe in an image taken from the Gawker.com website. GAWKER.COM

Still in the running

- Despite his announced leave from both the mayor's office and his re-election campaign, Ford will apparently remain in the running for October's municipal vote.
- That leaves Deputy Mayor Norm Kelly, who has been doing most of Ford's job since council stripped him of most of his mayoral duties last year, firmly in charge.

Sparks fly over Tories' electoral reform bill

Fair Elections Act.
Proposed changes to law will cause hundreds of thousands to lose right to vote, critics charge

Among the bill's provisions

- Voters who come to polls without documents can't use voter information cards as fall-back ID.
- New limitations are proposed on citizens vouching for the identity of others.

The Conservative bill to tighten up election laws is in the final stages of review at a House of Commons committee, and things are getting ugly.

After long hours of scrutiny of the Fair Elections Act's many clauses, only two technical amendments by the opposition had been approved by Thursday afternoon.

New Democrat MP David Christopherson's frustration boiled over when the committee rejected a proposal to ensure voter information cards are marked prominently to indicate they are not considered valid ID.

The proposed Act has eliminated the cards as a fall-back ID for voters who discover they don't have the right documents when they show up to vote.

"We know, and Canadians know, that this is all about trying to get the fix in for the Conservatives in every way they can, and that voter suppression is alive and well in the government of Canada," said Christopherson.

The Conservatives countered that the chief electoral officer already has authority over the markings on voter identification cards, and the NDP amendment was not needed.

The opposition has argued that hundreds of thousands of voters, including First Nations, the homeless and students, will be disenfranchised by eliminating the use of the voter cards, as well as by new limitations on citizens vouching for the identity of others. THE CANADIAN PRESS

To serve — and be protected

Ranger, part of the canine unit of the Lakewood Police Department in Washington, wears a protective vest donated by a Massachusetts charity called Vested Interest in K9s, which has donated vests to several police agencies.

THE ASSOCIATED PRESS/LAKEWOOD POLICE DEPARTMENT

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55 colleges facing sexual assault inquiries

Fifty-five colleges and universities — big and small, public and private — are being investigated over their handling of sexual abuse complaints, the U.S. Education Department revealed Thursday.

The department's release of the list is unprecedented and comes as the Obama administration seeks to shed greater light on the issue of sexual assault in higher education and how it is being handled.

Going forward, the department said, it will keep an updated list of schools facing such investigations and make it available upon request.

The schools range from big public universities including Ohio State University, the University of California, Berkeley, and Arizona State University to private schools including Knox College in Illinois, Swarthmore College in Pennsylvania and Catholic University of America in the District of Columbia. Ivy League schools including Harvard, Princeton and Dartmouth are also on the list.

About half of all states had schools under investigation.

Massachusetts led with six schools on the list. They included Amherst College, Boston University, Emerson College, Harvard College, Harvard University Law School and the University of Massachusetts-Amherst.

The agency previously would confirm such Title IX investigations when asked, but students and others were often unaware of them.

Catherine E. Lhamon, the assistant secretary of education for civil rights, said in a statement that a school's presence on the list does not mean that it has violated the law but that an investigation of complaints is underway.

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Anti-government demonstrators take cover behind their shields while storming the local Day in Donetsk, Ukraine, on Thursday. The clash came after a march by several hundred greater autonomy from the central government, or independence and possible annexation

Military pull out:

Ukraine crisis. Ukrainian president renews draft amid 'threats of encroachment'

Russian President Vladimir Putin said Thursday that Ukraine should withdraw its military units from the eastern and southern regions of the country, where anti-government insurgents are seizing buildings, but hours later, Ukraine's acting president ordered the military draft be renewed as the unrest intensifies.

Although Ukraine last year announced plans to end military conscription and transfer to an all-volunteer force, Oleksandr Turchynov said in his order that the draft must be renewed in light of "threats of encroachment on Ukraine's territorial integrity and interference by Russia in the internal affairs of Ukraine."

Moscow has consistently denounced Ukrainian security forces' largely ineffectual "anti-terrorist" operation against the eastern insurgents and warned they shouldn't commit violence against civilians. In a telephone conversation with German Chancellor Angela Merkel, Putin said the removal of military units from the south and east was the "main thing."

Turchynov's order didn't specify where conscript-bolstered forces could be deployed. Earlier in the week, he said police and security forces had been effectively "helpless" against insurgents in the Donetsk and Luhansk regions, and that efforts should be focused on preventing its spread to other parts of the country.

In the regional capital city of Donetsk, anti-government demonstrators took over the regional prosecutor's office Thursday. Donetsk is the heartland of support for Russia-friendly former President Viktor Yanukovych.

THE ASSOCIATED PRESS

prosecutor's building after a pro-Russia demonstration during International Worker's people carrying flags of the Donetsk People's Republic, a movement that seeks either by Russia. MANU BRABO/THE ASSOCIATED PRESS

should Putin

Cambodia

Canadian filmmaker found dead at temples

The family of Dave Walker, a Canadian filmmaker who went missing in Cambodia in February, says he was found dead on Thursday.

A statement issued on behalf of Walker's family says his body was reportedly discovered by a child at the Angkor Wat temples in Siem Reap, Cambodia.

Cambodian law enforcement officials told the family it appeared Walker had died several weeks ago.

The statement says a doctor at the site was unable to determine a cause of death and an autopsy will be held to try to determine how and when Walker died.

Forensic officer Pheng Pich says there are no initial signs of foul play.

THE CANADIAN PRESS

Afghanistan

Taliban attack kills at least 13

A suicide car bomber detonated his explosives at a busy checkpoint in central Afghanistan, killing at least 13 people Thursday, an official said. The Taliban quickly claimed responsibility for the attack.

The attack on the entry checkpoint into Panjshir province killed five police officers and one intelligence officer assigned to the post, provincial police chief Aziz Ghyrat said.

Seven civilian construction workers were also killed in the blast, which Gyrat said happened in the late afternoon as cars were lined up to be searched before entering the province on a narrow mountain road.

Several other civilians in other vehicles were wounded in the blast, Gyrat said.

THE ASSOCIATED PRESS

Infrastructure lacking

Canada can't help Ukraine as energy supplier

Canada has little hope of reaping any kind of energy or resource windfall from the crisis in Ukraine.

That message was delivered Thursday to a House of Commons committee in testimony by energy experts from Alberta, Europe, and Ukraine. The committee is hearing evidence on whether there are opportunities for Canada to export oil and gas to Europe and help wean Ukraine off its dependence on Russian energy.

The natural resources committee was told that Canada is the better part of a decade away from having the pipelines and other infrastructure necessary to be a meaningful energy supplier to Europe.

Russia supplies most of Ukraine's natural gas, giving it an economic lever over the Ukrainian military — one it is currently exercising.

Russia annexed the Crimean Peninsula last month while pro-Russian gunmen are taking over cities in the country's eastern region.

The testimony offered a sobering counterpoint to the Harper government's public enthusiasm about increased Canadian energy exports to Europe.

German Chancellor Angela Merkel appeared unenthusiastic about that prospect when she hosted Prime Minister Stephen Harper in March. THE CANADIAN PRESS

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Scan the photo below with your Metro News app to see a heart-wrenching cellphone video of one teen's last moments aboard the sinking South Korea ferry

Video released by ferry victim's family shows last moments

Doomed journey. More than 300 people are dead or missing in the sinking aftermath

Quoted

"We're all finished. I have to leave some farewell words before I die." An anonymous student aboard the sinking ferry Sewol.

One of many farewells caught on video taken from the recovered cellphone of 17-year-old Park Su-hyeon.

Soon after the ferry began to tilt, there was nervous laughter, jokes about the Titanic and talk of selfies and Facebook posts from the doomed high school students huddled below deck.

But the lighthearted atmosphere soon turned serious as the listing worsened. Fear began building, and one student asked, "Am I really going to die?"

The shaky video — at times poignant and heartbreaking as the teens said last words to their loved ones — was found on the cellphone belonging to 17-year-old Park Su-hyeon when his body was recovered after the disaster on the morning of April 16 off South Korea.

The boy's father, Park Jong-dae, provided it Thursday to The Associated Press, saying he wanted to show the world the conditions aboard the Sewol as it sank. He earlier released it to select South Korean media.

About 220 bodies, mostly from inside the submerged vessel, have been recovered. More than 80 per cent of the victims were students from a high school in Ansan, south of Seoul, on their way to the tourist island of Jeju for a school trip.

The group of teens in Park Su-hyeon's video alternated between bluster, attempts at humour and unmistakable fear.

Only one could be seen wearing a life jacket at the beginning of the clips, which started at 8:52 a.m. and ended, with a small break between them, at 9:09 a.m., when everyone appeared to be wearing them.

Some of the students struggled as they tried to buckle the life jackets. As the listing worsened, they joked about "final commemorative pictures" and "defying gravity" by trying to walk on the walls.

"It's like we're becoming the Titanic," one student said.

THE ASSOCIATED PRESS

A photo taken from the mobile phone of deceased South Korean high school student Park Su-hyeon taken aboard the sinking ferry Sewol.

AP PHOTO/PARK SU-HYEON COURTESY OF THE PARK FAMILY

Greenpeace. Activists arrested in oil dispute

Dutch police say they detained 31 Greenpeace activists who attempted to prevent a Russian tanker carrying the first oil produced by a new offshore platform in the Arctic Ocean from mooring at Rotterdam Port on Thursday.

The environmental group sent two ships, plus a fleet of rubber rafts, paragliders and activists on shore, to meet the Mikhail Ulyanov, a tanker chartered by Russia's state-controlled oil company, Gazprom OAO.

Activists painted the words "No Arctic Oil" in white letters on the hull of the Russian tanker. After several hours, the Ulyanov was able to dock safely.

Greenpeace opposes oil production inside the Arctic Circle, warning of the danger of a spill in a pristine and difficult-to-reach area — as well as the threat of worsening global warming caused by using fossil fuels. THE ASSOCIATED PRESS

In pictures

1 Paris.

Tens of thousands of workers, including union activists in Paris, marked May Day in Europe with a mix of anger and gloom over austerity measures imposed by leaders trying to contain the Eurozone's debt crisis.
JEROME DELAY/THE ASSOCIATED PRESS

2 Havana.

LGBT community members march with rainbow flags as Cuba marks May Day with massive marches.
FRANKLIN REYES/THE ASSOCIATED PRESS

3 Istanbul.

A protester hides behind a shield as police use water cannons and teargas to disperse thousands trying to reach Taksim Square.
EMRAH GUREL, THE ASSOCIATED PRESS

4 Lisbon..

People wave red carnations and the Portuguese flag and sing a protest song at a May Day rally.
FRANCISCO SECO/THE ASSOCIATED PRESS

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Shootings test U.S. 'stand your ground' laws

Intruders lured into fatal encounters. Two recent cases involve people who said they were afraid of homes being burgled again

A Montana man is accused of setting a trap and blasting a shotgun into his garage, killing a 17-year-old German exchange student. A Minnesota man is convicted of lying in wait in his basement for two teenagers and killing them during a break-in.

The two recent cases have intensified the debate about America's so-called "stand your ground" laws: Do laws that allow private citizens to protect their property also let them set a trap and wait for someone to kill?

In Montana, Markus Kaarma told investigators his home had been burgled twice before Sunday's shooting death of Diren Dede. The night of the shooting, Kaarma and his partner, Janelle Pflager, left their garage door open and Pflager left her purse in the garage, prosecutors said.

When they heard sounds, Kaarma said he took his shotgun and without speaking fired four times. Dede was hit in the head and the arm.

In Minnesota, Byron Smith, a 65-year-old retiree, was convicted of premeditated murder Tuesday in the shooting of Nick Brady, 17, and Haile Kifer, 18, after the cousins broke into his home in 2012. Smith's attorney said burglars had previously hit his client's home, and he was afraid.

Prosecutors said Smith moved his truck to make it look as though no one was home, and waited in the basement with food, water and two guns.

THE ASSOCIATED PRESS

What the laws say

- Montana's law says a person is justified in using deadly force to prevent an assault or a forcible felony.
- Minnesota law allows the use of deadly force in a home to prevent a felony, but it must be considered a reasonable response.

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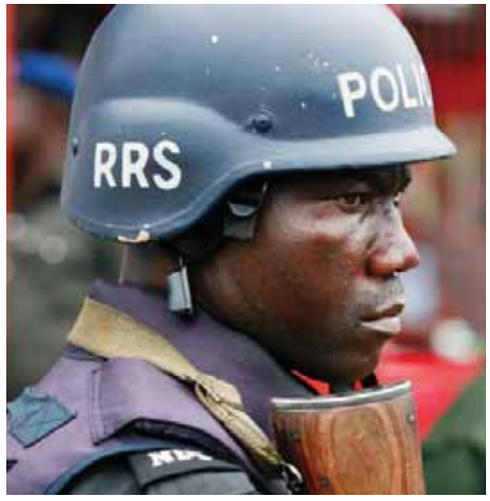

Outrage over kidnapped Nigerian schoolgirls grows

A police officer stands guard Thursday as outraged Nigerians took to the streets in Lagos for another day to demand that their government do more to rescue more than 200 schoolgirls kidnapped two weeks ago by Islamic extremists from the government Chibok Girls Secondary School. The girls are between 16 and 18 years old and had been called to the school to write a physics exam. SUNDAY ALAMBA/THE ASSOCIATED PRESS

1,000 cases? Tories refuse to budge on inquiry over missing aboriginal women

The Conservative government is resisting renewed calls for an inquiry into murdered and missing aboriginal women and girls despite a media report that suggests there may be hundreds more cases than previously thought.

Public Safety Minister Steven Blaney was asked Thursday to finally call a inquiry in light of a report by the Aboriginal Peoples Television Network that Canada may be home to more than 1,000 cases of murdered and missing women.

His answer, in short: no.

Instead, Blaney launched a partisan broadside against the NDP's refusal to support the government's budget bill, which includes a five-year, $25-million renewal of money aimed at stopping violence against aboriginal women and girls.

APTN, citing an anonymous source, reported that the RCMP have identified more than 1,000 cases after contacting more than 200 other police forces across the country. THE CANADIAN PRESS

RCMP review of files

327

Briefing notes obtained by The Canadian Press under the Access to Information Act show the RCMP has reviewed 327 homicide files and 90 missing-persons cases involving aboriginal females.

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Man vs. environment

"The reality is that you can take the best people in the world and — after a long period of time — things will start to slowly break down because people are unhappy with the environment..."

Robotics engineer Simon Engler

Calgarian Simon Engler is pictured in Hawaii during a 2013 NASA-funded Mars simulation. Researchers used the spaceflight dress rehearsal to study physical and culinary challenges. Engler is now helping out with a similar follow-up exercise. COURTESY OF DR. SIAN PROCTOR

Bringing Mars down to Earth

Simulation. Former U of C PhD student chosen as one of the guinea pigs to test problems with inter-planetary exploration ... in Hawaii

BRYAN WEISMILLER
Metro in Calgary

Robotics engineer Simon Engler has survived the rigors of a Mars mission without ever setting his space boots down on the Red Planet.

As part of a NASA-funded simulation, Engler hunkered down inside a two-storey dome on the northern slope of the Mauna Loa volcano. There, he and his fellow guinea pigs encountered "red-flag problems" related to inter-planetary exploration.

The HI-SEAS crew battled bouts of separation anxiety, yucky pre-packaged diets and stinky feet during the four-month social experiment staged on a barren lava field. It explored the emotional strain of being isolated for months or years at a time, with others.

"It's not a normal environment for a human to live in for a long period of time," Engler told Metro. "The reality is that you can take the best people in the world and — after a long period of time — things will start to slowly break down because people are unhappy with the environment.

"NASA really needs to know how to mitigate it before they actually take this mission."

Life on Hawaii's Big Island may sound like reality TV. But don't tell that to Engler, who sloughs off the much-publicized Mars One project for its "questionable financial responsibilities."

Engler, who at the time was a PhD student at the University of Calgary, says he pitched a robotic companion project as part of the application process for HI-SEAS, and was chosen from a pool of 700 applicants.

He describes his colleagues as brainy, "astronaut-like" folks who specialize in fields such as nanotechnology, geology and physics. They were a mixed bag of Type-A and Type–B personalities, which was supposedly the right mix during the dress rehearsal.

"If you have a balance between personality types then things will work out in the long run," said Engler, who is now helping out with Round 2 of the Mars simulation.

People problems aside, human settlers will also need to contend with supremely harsh environmental conditions on the freeze-dried planet. Hyper-arid soil, wicked dust storms and seasonal geysers provide formidable challenges.

The average temperature hangs around -53 C, although lows can be twice as chilly, according to the Canadian Space Agency. And spacesuits are needed to prevent the astronauts' skin and lungs from exploding due to low air pressure.

Finding water remains another massive hurdle for many researchers, as it's deemed a key indicator to whether the planet is hospitable to life.

"You're unlikely to find flowing water on the surface unless it was salt-rich. But even then it would be incredibly rare," said Chris Hugenholtz from the U of C. "That water's going to have to come from underground."

He noted there's plenty of evidence of "water-ice", or water in the form of ice, in the polar caps. But thirsty space explorers will also have to keep an eye out for spectacular geysers, which stem from a build-up of carbon dioxide gas below the south polar ice sheet. The jet-like eruptions are known to spew sand and dust hundreds of feet into the air.

Dust devils are known to blanket the entire planet over days, which Hugenholtz noted could impede space crews' solar-powered gear.

"There are some bizarre things occurring on the surface that they're going to have to deal with if they're in those more polar regions of Mars looking for water," he said.

Located at about 8,000 feet elevation, the Mars-like HI-SEAS habitat was free of cultural norms, endangered species and lush greenery. It featured a two-storey dome, enclosing a volume of 13,570 cubic feet. COURTESY OF DR. SIAN PROCTOR

Veronica Ann Zabala-Aliberto, right, from Arizona State University and Hugh Gregory, of Hanksville, Utah. The research station based in the Utah desert is sponsored by the groups a year that man the station for one to two weeks at a time. GETTY IMAGES

Mission to Mars: Day 3

• **Online:** Go to metronews.ca for a photo gallery of the 2013 NASA-funded Mars simulation

rs

A human expedition to Mars is proposed within the next 15 years. In the meantime, there are programs in place that attempt to recreate the conditions of the Red Planet. For Day 3 of our feature, Metro spoke with a guinea pig about his 'mission' and a professor about possible governance in deep space

a space-flight historian, ride their ATVs on an exploration trip near the Mars Desert Research Station several miles northwest Mars Society and is used for scientific research and practice for a manned mission to Mars in the future. There are several

LIVING UNDER MARTIAN LAW

Move over, Martians — humans are coming to town. But how would early space crusaders organize after putting footprints on the Red Planet? Paul Fairie, who teaches municipal governance at the University of Calgary, was nice enough to play along and offer some realpolitik answers to hypothetical questions:

METRO: Do the first Mars occupiers need to establish a local government? What have we learned from Lord of the Flies?

PF: If the first settlers were all initially astronauts and therefore mostly from a military background, there probably wouldn't be a need for local government right away, since they'd have a chain of command in place already. However, once a generation or two had passed and the population was no longer primarily military, I'd expect that they'd want to establish a local government to take care of basic local needs that couldn't just be completely dictated from Earth, like the fair distribution of resources and making sure society is functional. Otherwise, the colony would run the risk of being completely dictatorial, with us Earth-bound humans dictating laws to second- and third-generation Martians.

METRO: What's the best type of governing structure for this situation? Plutocracy?

PF: I imagine something of a two-stage process. First, a proper non-democracy where military ranks dictated who had power. This would work well with a small group of military-trained astronauts. After a while, we'd probably see the need for a local government for self-regulatory matters. At this point, we'd probably have a democracy — luckily the settlers would have the benefit of hindsight. What would be really exciting here is that the form the government could take would be quite unpredictable, because they would have the rare opportunity to make a completely new government.

HI-SEAS crew engineer Simon Engler used the Husky robot while testing machine operation in bulky spacesuits. He also explored how robotic companions ease loneliness. COURTESY OF DR. YAJAIRA SIERRA-SASTRE

METRO: How should Mars residents be taxed? Would an Alberta-style flat tax be an alien concept?

PF: Taxation would be a tricky one for a while since most of the resources will have to be brought in from Earth. If they were using an Earthling currency, would they be buying products and services from each other? Would they create their own currency? If so, how would they decide the initial allotment of funds? At least until the colony was big enough, I'd have to imagine a bartering economy would spring up for basic goods and services ("I'll trade you a hair cut for some Martian key lime pie."), and perhaps a social obligation to contribute some labour to the settlement might spring up before a currency economy would.

BRYAN WEISMILLER/
METRO IN CALGARY

Market Minute

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Igniting, exploding

Flashlights handed out at Marlboro promo recalled

About 365,000 multiuse flashlights distributed during a cigarette promotion are being recalled due to a fire hazard that can occur when matches inside the device ignite.

The company that makes Marlboro cigarettes said Thursday it has received 11 reports of matches igniting inside the flashlight and two reports of explosions. One person reported minor burns and another received treatment for injuries to the hand, the company said.

THE ASSOCIATED PRESS

New device

Treat sleep apnea with a zap, or two, while you sleep

Sleep-deprived Americans have a new option to address hard-to-treat nighttime breathing problems: a first-of-kind device that keeps airways open by zapping them with an electrical current.

The Food and Drug Administration approved the pacemaker-like device from Inspire Medical Systems for sleep-apnea patients who have trouble with the current standard of care: machines that blow air through a bedtime mask.

THE ASSOCIATED PRESS

Sure, I'll move ... for a 20% raise

Oh, plus ... all moving expenses and a $100,000 non-taxable, interest-free loan

A new survey suggests fewer than half of Canadians are willing to move for employment opportunities — a finding that could shed light on why companies may instead be turning to temporary foreign workers.

The survey, conducted by Ipsos Reid for the Canadian Employee Relocation Council, asked more than 2,000 Canadians whether they'd move either within their provinces or to other parts of the country for a job.

Only 10 per cent of respondents indicated an eagerness to move, while a third said they could be persuaded for the right job and the right incentives.

The top incentive selected by those respondents who said they would consider a move to another part of the country is a 20 per cent raise in pay, plus all moving expenses being covered by the employer.

More than half of respondents also said governments could play a role in enticing them to move by permitting employers to provide a tax-free housing allowance for up to six months to allow them to settle in to a new location.

Almost half said employers should also be allowed to provide non-taxable, interest-free loans of up to $100,000 for the purchase of a home in the new location.

THE CANADIAN PRESS

Staying put

According to a 2013 report from Statistics Canada and Haver Analytics, the percentage of the Canadian population moving between provinces has been in steady decline since 1977, when 1.5 per cent of the population was mobile, to less than one on per cent in 2012.

Is this a Loblaws or a Shoppers? Soon it may be hard to tell

A pedestrian walks past the Loblaws grocery store and Joe Fresh outlet located in the former Maple Leaf Gardens in Toronto on Thursday. The head of Canada's largest grocer wants you to imagine picking up a hot sandwich, a bunch of bananas and a pair of Joe Fresh earrings while you wait for a prescription at Shoppers Drug Mart. Galen G. Weston, chairman of Loblaw Companies Ltd., the new owner of the pharmacy chain, says all these possibilities could soon be a reality. Loblaw closed its $12.4-billion purchase of Shoppers stores in March. DARREN CALABRESE/THE CANADIAN PRESS

Cash. Don't be so robophobic, robots are great advisors

The future is here, and it includes robots managing your money.

Or, to be precise, robo-advisors: Programs that use an algorithm to help you determine what investments are best for you.

The thought of putting a computer in charge of your financial decisions may make some uneasy, but if you do your banking online, as well as buy groceries and set up dates, why not also receive financial advice over the Internet?

That appears to be the thinking behind a field garnering a lot of interest in the U.S.

THE CANADIAN PRESS

Pot. Don't be so paranoid, it's legal in Colorado now

Colorado is trying again to set up the world's first financial system for marijuana in an attempt to move the pot industry away from its cash-only roots.

A bill up for its first hearing Thursday is prompted by frustration with recent marijuana banking guidance from the Treasury Department. Banks and the pot industry say the guidance is inadequate because it gives financial institutions no confidence that they can serve the marijuana industry without running afoul of federal law.

THE ASSOCIATED PRESS

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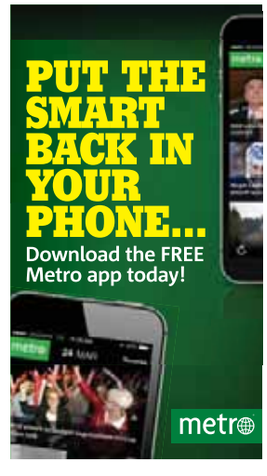
metro

OTTAWA FESTIVALS

Rich and wonderful experiences

A vibrant and healthy festival scene benefits the entire community

CONTRIBUTED

When the tulips (and, incidentally, the Canadian Tulip Festival) bloom in the spring, so does Ottawa's busy festival season, with a special event or three popping up every weekend between May and September.

"There's a plethora of festivals that range from music to cultural to culinary to dance to singing to sports, to name just a few," says Carole Anne Piccinin, executive director of Ottawa Festivals, an umbrella group for 100 events. "There's just such a rich diversity of festivals in this city, something for everyone, no matter what demographic they find themselves in. That's the beauty of festivals in this city."

And while spring and summer are the busiest time of year, she says, there is no hibernating in winter.

"We're busy all year round. We're supporting festivals not only when they're kicking off, but also in their planning season. We provide a range of services for our members so they can run their festivals, special events and fairs successfully."

A vibrant and healthy festival scene, Piccinin says, benefits the community in many ways.

"It provides exposure for the arts and it provides exposure for not-for-profit causes because a lot of these festivals generate revenue for charities. Think about Hope Volleyball Summerfest for instance. It also supports other community programs and venue rentals. So it really helps."

Then there's the economic payoff. Ottawa's festivals have become an important industry unto themselves.

"We know that the economic impact is huge," she says. "And that translates into job creation and tax revenue."

A 2003 study of 21 Ottawa festivals found they contributed nearly $94 million to the local economy that year, and 1,100 jobs. Of the estimated 1.5 million people who attended the events, one million were local residents, while 345,000 were tourists from more than 80 kilometres away. Of the tourists, 57 per cent said they had visited Ottawa specifically for the festival.

Ottawa Festivals and the City of Ottawa are ramping up a new study to take another economic reading of the festival scene through the 2015 season, but for Piccinin, the true value of festivals can't be measured in dollars alone.

"Festivals engage citizens on many levels — as artists, volunteers, patrons, and participants," she says. "It really pulls our community together and provides us with rich and wonderful experiences."

– Steve Collins

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More Craft Breweries this year • Sample exceptionally crafted
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www.nationalcapitalcraftbeerfestival.ca

MANY HANDS CAN MAKE LIGHT WORK

VOLUNTEERS ARE LIFEBLOOD OF EVENTS

The best things in life are free, and for Ottawa festivals, that includes volunteers.

"We could not run festivals in the city without the power of volunteers behind us," says Carole Anne Piccinin, executive director of Ottawa Festivals, an umbrella group for 100 events.

And the power behind many of those volunteers is Kimberly McCarthy-Kearney, outreach co-ordinator for Ottawa Festivals. To recruit the armies of helpers that local festivals need, she makes the rounds at schools and job fairs and maintains Ottawa Festival's online tool, Volunteer Lounge, which connects prospective volunteers with opportunities that suit their interests and talents.

"Schools are very important right now because a lot of the graduates are looking for their 40 hours of community service," she says. "Some festivals are entirely 100 per cent driven by volunteers, from the management right down to the weekend staffers. And every one of them relies on volunteers a certain amount."

DROP IN AT OTTAWA VOLUNTEER LOUNGE

How do you match the right volunteer with the right job? The Ottawa Volunteer Lounge.

Launched two years ago with help from the Ontario Trillium Foundation, it asks volunteers a short questionnaire to narrow searches. Try it on the web at ottawavolunteerlounge.ca.

While the popular picture of a volunteer might be of enthusiastic students setting up chairs and directing people to the washrooms, McCarthy-Kearney says volunteers come in all ages, shapes and sizes, and you might be surprised at some of the jobs they perform.

"The creative directors, the PR directors, the logistics directors, security — some people might think that the festivals hire professional security firms, but oftentimes they're volunteers," she says. "But I'd say the one that would surprise them the most is actually the director and planning team level, just because of the amount of time that goes into that. These are people in full-time positions and yet volunteer. And what's impressive is they do take it seriously, so they put as much effort into it as they would if it was a paying position because the success of the event relies on that."

CONTRIBUTED

And while festivals couldn't happen without the efforts of volunteers, the benefits flow both ways, McCarthy Kearney says.

"It's experience that can go on the c.v., which is really great for applying for a job, especially if it's something related to what you want to do. It's a great way to socialize and get out there and meet new people."

– Steve Collins

Dreaming big for 2017

As part of a year-long celebration of Canada's 150th anniversary, Mayor Jim Watson recently announced that the city of Ottawa is hoping to attract 1.75 million more visitors to the Capital in 2017.

In order to draw those tourists, Watson says the city needs to host even more high-profile events, conferences and conventions.

The city's plan for 2017 includes not only working on expanding Canada Day festivities, but also trying to land the Grey Cup game, as well as an outdoor NHL Winter Classic between the Ottawa Senators and Montreal Canadiens, and possibly the Juno Awards.

And then there are all of the existing events that happen in Ottawa over the year, particularly the dozens of festivals.

"Our plan is to take existing events that are already great successes — Bluesfest and Jazzfest — and put a bigger emphasis on promoting those," Watson says.

To achieve this, the mayor has put together a special task force, partnering with various local organizations, including Ottawa Festivals, a non-profit group that works to boost existing fairs and festivals.

"They're going to be key because they are really the anchor of why we've had such a successful tourism product to offer," Watson says.

Ottawa Festivals president John Brooman admits he is excited about his group's involvement, adding the task force is already very much on the same page.

CONTRIBUTED

"It's a tremendous group of people that are a part of this," Brooman says.

The 2017 Task Force wants to hear from you. If you have an idea about how the city of Ottawa can make 2017 a success, visit ottawa2017.ca/ideas. For more on Ottawa Festivals, visit ottawafestivals.ca.

– Jen Traplin

The Lemon Bucket Orkestra will be performing at the Ottawa Chamber Music Festival as the festival celebrates its 20th anniversary. CONTRIBUTED

CONTRIBUTED

WILLIE MCELLIGOTT PHOTO

Celebrating in style

With RBC Bluesfest, the Ottawa Folk Festival and the Ottawa Chamber Music Festival all celebrating their 20th anniversaries this summer, it seems clear something special happened all at once to the city's music scene.

"I think 20 years ago a lot of people had a lot of the same good ideas and just recognized that Ottawa could sustain and have an appetite for live music during the summer," says Chamberfest's artistic director Roman Borys. "And that's proven to be absolutely true."

Even those who were at ground zero aren't exactly sure why the pieces fell into place two decades ago.

"Thinking back to it, it was a bit of a coincidence in that nothing new had happened for some time," says Bluesfest's Mark Monahan. "There just seemed to be a number of people who wanted to make some things happen. That included Julian Armour at the time, who was starting the Chamber Music Festival, myself, and Max Wallace at CKCU, who was doing the Folk Festival. There was a Caribbean festival started by Wally Rayne. There just seemed to be a lot of stuff happening in the early '90s and it all started to gel at that time."

One of the most evident changes over the years has been the scale of the festivals. Bluesfest, for example, counted attendance of more than 300,000 people last year.

"The first Bluesfest would have been two or 3,000 people over a three-day weekend in July," Monahan says. "The total event budget was under $100,000, and this year it will be about $12 million."

Folkfest has grown, too, especially since Bluesfest took over operations, from an estimated 2,600 attendants as recently as 2010 to more than 47,000 last year.

Both Folkfest and Bluesfest will celebrate in style this year.

"We definitely made it an effort to make it a big year" Monahan says. "We've increased our artist budget at both events to make it special and bring in some bigger acts, but also try to be true to our roots. We have a really strong blues lineup at Bluesfest and that was kind of paying homage to where we started."

Chamberfest is making a splash, too.

"We're going to have a big 20th anniversary concert, which is going to be a big long evening and we're going to have all sorts of stars joining us," says Borys, who will also perform that night with his Gryphon Trio.

– *Steve Collins*

Ottawa Festivals d'Ottawa

Get all the latest news and information from the official site of Ottawa Festivals!

A CALENDAR OF SUMMER EVENTS

FESTIVALS WILL KEEP YOU AND YOUR FAMILY BUSY

WHAT: Ottawa Asian Heritage Month. Experience many unique aspects of Asian culture and learn about the history and contributions of Asian Canadians through activities for all ages. asianheritagemonth.net.
WHEN: May 1-31

WHAT: The Ottawa International Children's Festival will return this spring with another awe-inspiring season of performing arts for young people at Lebreton Flats Park and the Canadian War Museum. ottawachildrensfestival.ca.
WHEN: May 9-14

WHAT: Canadian Tulip Festival. North America's largest tulip festival is a top attraction for visitors each year to Canada's National Capital. tulipfestival.ca.
WHEN: May 9-19

FOR MORE, SEE PAGE OF5

CONTRIBUTED

We ♥ Volunteers!

OttawaVolunteerLounge.ca

- Full listing of volunteer opportunities in the festival industry in Ottawa
- Not sure what you like to do? The VOLUNTEER MATCHMETER will help you find the volunteer opportunity that best suits you
- Instant notifications of new volunteer opportunities on Twitter and Facebook
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www.OttawaFestivals.ca
We're on Twitter, too: @OttawaFestivals

MARC DESROSIER PHOTO

CONTINUED FROM PAGE OF4

WHAT: Victoria Day Festival. A family event with something for everyone — midway rides, petting zoo, food and drink concessions. victoriadayfestival.com.
WHEN: May 9-19

WHAT: Unison Ottawa 2014. The fifth edition of a quadrennial Lesbian, Gay, Bi, Trans, Queer (LGBTQ) choral festival that will bring together choristers and other music artists from across Canada to the nation's capital for the first time. unisonfestivalunisson.ca.
WHEN: May 16-19

WHAT: One World Awesome Arts Festival. A free festival that celebrates and showcases the creative efforts of Awesome Arts participants, as well as performances by some of the best professional artists in Ottawa. oneworldarts.ca.
WHEN: May 24

WHAT: Capital Vélo Fest. Come to the rodeo, join the Tour La Nuit to light up and ride your bike along car-free streets with free online registration and donations to support the Big Brothers Big Sisters of Ottawa. capitalvelofest.ca.
WHEN: May 31

CONTRIBUTED

WHAT: Italian Week Ottawa. Italian Week Ottawa highlights all that is Italian. Celebrate music, food, and a vast variety of cultural activities. italianweekottawa.org.
WHEN: June 5-15

WHAT: Blackburn Funfair. Blackburn Hamlet's annual community fair features a small midway, games, fun for kids, as well as all day live music from noon to midnight on Saturday, including licensed beer garden. blackburnhamlet.ca/funfair/.
WHEN: June 6-8

WHAT: FCA Ottawa Ferrari Festival. The culmination of Ottawa's annual Italian Week, the FCA Ottawa Ferrari Festival is a celebration of the fine art of Italian automobiles, with a wide range of exciting events for the entire family. Come share the passion. ottawaferrarifestival.com.
WHEN: June 13-15

FOR MORE, SEE PAGE OF6

Why Volunteer?

It's OK to ask, 'What's in it for me?'

10. Meet new people, make new friends
9. Learn and improve skills
8. Gain work experience (looks good on the resume!)
7. Try something new (expand your horizons), or
6. Do something you already like (more of a good thing!)
5. Be inspired, or
4. Inspire someone else (make a difference!)
3. Build your network and get work references
2. Be part of the community and be a star!
1. Have fun!

Ottawa Festivals is a proud partner of
Ontario Trillium Foundation
Fondation Trillium de l'Ontario

CONTRIBUTED

FOLK MUSIC ONTARIO PHOTO

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CONTINUED FROM OF5

WHAT: Canada Dance Festival. New dances from Canada's Best. CDF 2014 will set the nation's capital alight with challenging new ideas showcased through powerful movement and beautiful movers, all telling uniquely Canadian stories through dance. canadadance.ca.
WHEN: June 9-14

WHAT: Festival Franco-Ontarien Banque Nationale. An annual gathering to celebrate the vitality of the regional, provincial, national and international Francophonie. ffo.ca.
WHEN: June 12-14

WHAT: The TA DA! Festival. A curated summer theatre weekend of both new works and established touring productions that blends indie favourites, world premieres, and readings of new scripts from Outaouais writers. tadafestival.ca.
WHEN: June 13-15

WHAT: Ottawa Ribfest on Sparks Street. Features ribbers from all over North America, a pulled pork eating contest, live entertainment and much more. sparksstreetmall.com.
WHEN: June 18-22

WHAT: Tim Hortons Ottawa Dragon Boat Festival. The Tim Hortons Ottawa Dragon Boat Festival is four days of free concerts, free family fun, artisans, exhibitors, delicious culinary treats, beach side bar and non-stop racing. dragonboat.net.
WHEN: June 19-22

WHAT: Ottawa Fringe Festival. Ottawa's largest theatre festival is a free market for the performing arts. That's to say, an artist's success — or failure — is based on the strengths of their talents alone. ottawafringe.com.
WHEN: June 19-29

WHAT: Summer Solstice Aboriginal Arts Festival. Provides families a unique opportunity to experience and celebrate the diverse Aboriginal cultures of the National Capital Region for National Aboriginal Day. ottawasummersolstice.ca.
WHEN: June 20-22

WHAT: TD Ottawa Jazz Festival. Nestled in the heart of beautiful downtown Ottawa, each summer the TD Ottawa Jazz Festival features some of the jazz world's most renowned and cutting-edge musicians. ottawajazzfestival.com.
WHEN: June 20 to July 1

WHAT: Festival de la St-Jean à Ottawa. A full day of activities for the entire family that includes culture, sports, music, arts, food, all destined to guarantee an excellent party to celebrate the "Fête de la St-Jean." stjeanottawa.ca.
WHEN: June 22

WHAT: Community Cup. This free event is an inspirational way to celebrate Canadian Multiculturalism Day and show your civic pride before Canada Day. communitycup.ca.
WHEN: June 28

WHAT: Show Your Red White & True ... Patriot Love. Celebrate Canada Day in downtown Rideau, Ottawa's fashion, arts and theatre district. Be part of the Living Flag, take in some live music, busking, film, and fireworks, or enjoy one of the many temporary patios. downtownrideau.com.
WHEN: June 26 to July 1

FOR MORE, SEE PAGE OF7

CONTINUED FROM OF6

WHAT: RBC Royal Bank Ottawa Bluesfest. Celebrate the 20th anniversary edition of this 10-day, multi-stage extravaganza that features some of the world's top music artists. ottawabluesfest.ca.
WHEN: July 3-13

WHAT: Torchlight Shakespeare Festival: As You Like It by William Shakespeare. A Company of Fools is back with the ever popular Torchlight Shakespeare, bringing Shakespeare to Ottawa's parks all summer long. This family friendly show will play in parks across Ottawa. fools.ca.
WHEN: July 3 to Aug. 16

WHAT: Almonte Celtfest. Celtfest is a three-day, fun-for-all ages celebration of Ottawa Valley's music, song, and dance heritage. almonteceltfest.com.
WHEN: July 4-6

WHAT: Carnival of Cultures. Ottawa's largest weekend celebration of international folk arts, showcasing the beauty and diversity of traditional music, song and dance of cultures from around the world. carnivalofcultures.com.
WHEN: July 4-6

WHAT: Music and Beyond. A classical music and multidisciplinary arts festival that is widely considered one of Canada's major classical music festivals and one of North America's most innovative arts festivals. musicandbeyond.ca.
WHEN: July 5-17

WHAT: HOPE Volleyball SummerFest. Each year, more than 25,000 players and spectators flock to Mooney's Bay Beach in Ottawa for the greatest summer party in the region that combines recreational volleyball with live rock entertainment. hopehelps.com.
WHEN: July 12

WHAT: Kingdom of Osgoode Medieval Festival. Professional jousting, dancing, sword play, kids' games, live music, vendors, and much more. osgoodemedievalfestival.com.
WHEN: July 12-13

CONTRIBUTED

WHAT: Ottawa Chamberfest. The largest chamber music festival in the world, Ottawa Chamberfest presents more than 100 performances from renowned artists at venues across downtown Ottawa. ottawachamberfest.com.
WHEN: July 24 to Aug. 7

WHAT: The Ottawa International Busker Festival brings in some of the world's best acrobats, comedians, jugglers and magicians for four days on the Sparks Street Mall. sparksstreetmall.com.
WHEN: Aug. 1-4

WHAT: Colonel By Day. A magnificent, fun-filled, family day connecting generations past and present through a wide variety of heritage-themed events and entertainment. journeecolonelbyday.ca.
WHEN: Aug. 3-4

FOR MORE, SEE PAGE OF8

The Kingdom of Osgoode Medieval Festival
July 12–13
9:30 a.m. - 5:00 p.m.
Next to Osgoode Market Square
5673 Osgoode Main Street
Professional jousting, dancing, archery, sword play, kids' games, live music, vendors, and much more!
ADMISSION
$6 daily | $10 weekend pass
Family pass $30 (2 adults, 4 children)
Education Day
Friday, July 11
for children only, ages 4-14. Learn about Medieval chivalry, armour, music and more. Register in advance online.
The King's Knight Medieval Pub
Friday, July 11
Party like it's 1307!
Details available online
www.osgoodemedievalfestival.com

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CONTINUED FROM PAGE OF7

WHAT: Festival of India. The festival offers visitors the opportunity to experience culture through scintillating music, dance, cinema and enticing handicrafts. festivalofindiaottawa.org.
WHEN: Aug. 8-10

WHAT: Puppets Up! International Puppet Festival. This annual two-day international puppet festival features amazing entertainment for all ages and includes 10 puppet troupes and more than 60 puppet shows, street entertainers, a huge parade, craft and food vendors, and puppet paraphernalia. puppetsup.ca.
WHEN: Aug. 9-10

WHAT: Ottawa Greekfest. This annual 11-day event features live Greek music and traditional Greek dances, excellent Greek cuisine, cooking demonstrations, Greek language lessons, Greek traditional dance lessons, and more. ottawagreekfest.com.
WHEN: Aug. 14-24

WHAT: Capital Pride. Everyone is welcome to join the celebration of diversity in Canada's Capital. capitalpride.ca
WHEN: Aug. 15-24

WHAT: National Capital Craft Beer Festival. Showcases exceptionally crafted craft beers and local eateries. Designed to promote the appreciation of craft-brewed beers and local artisanal cuisine. nationalcapitalbeerweek.com.

CONTRIBUTED

WHEN: Aug. 15-17

WHAT: Arboretum Festival 2014. Ottawa's new music and arts festival returns for its third edition, featuring The Constantines, as well as concerts and showcases in venues and restaurants across Ottawa-Gatineau. Past performers include, Owen Pallett, Cadence Weapon, Jim Bryson, DIANA, Ohbijou and more. The 2014 lineup announcement is expected later this month.arboretumfestival.com
WHEN: Aug. 18-23

STEVE G PHOTO

WHAT: Folkfest. More than 70 performances and free programming, including children's programming and participatory workshops for the whole family. ottawafolk.com.
WHEN: Sept. 11-14

WHAT: Ottawa Turkish Festival. Experience Turkish hospitality, art, music and gourmet food by participating in the many demonstrations, displays and performances. ottawaturkishfestival.com.
WHEN: Sept. 13-14

WHAT: Ottawa International Animation Festival. Every September, the Ottawa International Animation Festival presents the world's most cutting-edge, quirky and important animation, transforming Ottawa into the centre of the animation universe. animationfestival.ca.
WHEN: Sept. 17-21

WHAT: Grape Fest Ottawa. Experience grape stomping, horse-drawn wagons, exotic car show, a tomato fight for charity, and all sorts of entertainment, food samples, vendors, and activities. grapefest.ca.
WHEN: Sept. 20

BROOKLYN, WE GO HARD

THE METRO LIST

Neil Morton
metronews.ca

1 **Racism gets a smackdown.** Sacramento Mayor Kevin Johnson called it "a defining moment in history" and Al Sharpton "a bold and historic move." Just months into his new role as NBA commissioner, Adam Silver cemented his legacy by banning LA Clippers owner Donald Sterling from the league after his racist remarks.

2 **Selfie with Jim Carrey.** When the A-list actor landed at Peterborough Airport Friday, he showed his down-to-earth side, posing in pictures on the tarmac with a bunch of high school students and in a selfie tweeted by student Zach Premate. The only thing that would have made it more epic is if Jerry Seinfeld was in the pic, too — he was in Peterborough a day later at the same airport.

3 **Runaway blimp.** It was the talk of the town this week as a two-storey, 21-metre-long Budweiser blimp in the shape of a hockey goal light broke loose from its tether in Saint John, N.B. Yep, this must have been a tricky one for Transport Canada, who was in hot (air?) pursuit. The blimp eventually landed in the woods northeast of the city, no doubt feeling a bit deflated.

4 **Let's go Raptors.** Coming off their first road playoff victory in 13 years in Brooklyn, the Raptors took care of business at home in a nail-biter Wednesday night, and now can close things out in Game 6 Friday in Brooklyn. Everything is on the line for an amazing, courageous team having a Cinderella season.

5 **Stop making sense.** Parks Canada announced plans to install Wi-Fi hotspots in up to 50 parks this year. So next time you're enjoying some solitude in the woods, you can stop and tell the world on Twitter, Instagram, Facebook and Snapchat.

6 **National Canadian Film Day.** REEL Canada had a novel idea: to do a National Canadian Film Day to draw attention to all the amazing films being made in this country. So Wednesday, people took to social media to talk about homegrown cinematic gems using the hashtag #CANFILMDAY. Beautiful thing. My fave two: Meatballs and The Sweet Hereafter.

7 **Another one bites the Cyber Dust.** Hailed as the Snapchat of words, the Cyber Dust app allows you to send a message to someone that will disappear forever 30 seconds after being opened by the recipient. Yes, you are now the James Bond of texting. Go wild.

8 **Superhero supermovie.** Awesome superhero fun, as Warner Bros. studio announced plans to make a Justice League movie. Superman, Batman, Wonder Woman, Aquaman, Flash and Green Lantern together in one movie? My goodness, I'm in superhero heaven.

9 **RoFo back on the crack?** Twitter blew up after Ford was caught on tape again allegedly smoking crack cocaine. He has announced a leave of absence to get treatment for his addiction. May this be his rock bottom, so he finally gets the real help he needs.

ZOOM

He's got a need for Speed

Helped by a Kickstarter campaign, Ryan Beitz, in addition to trying to get his hands on every VHS copy of Speed known to humankind, is also aiming to transform an old van into a replica of the original bomb-rigged bus. CONTRIBUTED

Q&A

Man tries to collect every VHS copy of '90s classic

Twenty-six-year-old Ryan Beitz is a collector of sorts: He aims to own every VHS copy of the 1994 classic Speed. So stirring is Beitz's pointless task that it compelled the movie's screenwriter Graham Yost to use these touching words: "Other than world peace and ending hunger, I can think of no greater cause than what this one brave and visionary man has embarked upon." The great feat doesn't end there, though. Metro chats to the zany collector about The World Speed Project:

Obviously what you're doing is a waste of time, so why are you so committed? There's no real good reason for it. I'm dedicated only because it's totally pointless and stupid. I'm totally dedicated to the uselessness if it.

Does it annoy you that people are trying to sabotage your goal by holding onto copies? People can try to thwart me but they are going to die and then I'll have my copy.

Any words for the haters? I would say to them keep doing it because whether you love or hate the World Speed Project but especially if you hate it, you're a part of it.

Do you play each copy to check it works? No, definitely not, but I did at first. Actually it paid off this one time because there was a copy of the Flintstones that was in a Speed case with the Speed label. But I figured that one out and I'll find that other copy.

METRO

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May every traffic delay be this cute

ANDREW FIFIELD
metronews.ca

Among the things that add tedium to the absurd commuting times in some of our larger cities is that they tend to be caused by similar snafus. A blown tire. A fender bender. Every now and again an overturned truck of marbles or bees will spice things up a bit.

What we never get is a gang of adorable lion cubs and their watchful lionesses waking up after a long snooze on a stretch of sun-heated asphalt. For that kind of delay, you're going to need your daily commute to take you through South Africa's Kruger National Park, which we assume is named after the claws of those who live there. (Via Barcroft TV)

SCREENGRAB

metro
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See that symbol? It means you can scan this image with your Metro News app to see the trailer for The Amzing Spider-Man 2

Spinning the same old story

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

The Amazing Spider-Man 2 is a rehash of the origin story. CONTRIBUTED

Synopsis

Fresh out of high school, Peter Parker (Andrew Garfield) is being pulled in two different directions. He loves Gwen Stacy (Emma Stone) but is troubled by a promise he made to her late father (Dennis Leary) that he would never let anything bad happen to her. Meanwhile, Peter's old friend Harry Osborn (Dane De Haan), heir to the Oscorp fortune, is battling a hereditary disease he thinks can be cured with a dose of Spider-Man's blood and Max Dillon (Jamie Foxx), a low level Oscorp electrical engineer, has an accident that rewires him into Electro, a villain with the power to control electricity.

- Richard: ●●●○○
- Mark: ●●○○○

The Amazing Spider-Man 2.

Franchise needs a more exciting story to keep the Reel Guys caught in its web

Richard: Mark, at two-and-a-half hours, the new Spider-Man movie is almost equal parts action and story.

The first 15 minutes contains not one, but *two* wild action sequences that'll make your eyeballs dance.

If you haven't had your fill of special effects for the week, your thirst will be quenched early on.

Then the onslaught of story begins.

Jammed packed with plot, bad guys and lots and lots of moony-eyed love, it's the busiest superhero movie in recent memory.

Did you get caught up in the film's web?

Mark: No, Richard, the movie got caught in its own web. Too much of the film is like the last one, which was very good, but do we need to rehash the origin story yet again?

The action sequences are good, and they'd better be, because the plot and characters are feeling kind of tired by now.

Not that there aren't good things in the movie.

I liked Jamie Foxx's villain, who was sadly sympathetic in a Frankenstein kind of way. And Dane DeHaan, as tortured Oscorp heir Harry Osborn, has the best scenes in the picture, with an otherworldly look that reminded me of a British fascist circa 1936 or Tilda Swinton's illegitimate son; I'm not sure which.

RC: I thought he kind of looks like the Evil Annoying Orange with a better haircut. To each his own.

He does have some of the best scenes in the film, and this is a movie with several well-crafted dramatic moments.

Too bad most of them feel like they're lifted from another movie and dropped into this one as placeholders for the action sequences.

Peter Parker is shedding tears over his love life one minute, swinging on webby vines through the streets the next.

Both tones are well executed, but they often feel forced together.

MB: The movie seems more like a pastiche than a sequel.

Sally Field, bless her Norma Rae heart, invests her part with the intensity of a Eugene O'Neill play.

Jamie Foxx makes a sympathetic villain in the Frankenstein mode even though he's made up like a rogue member of Blue Man Group. But Richard, why is Spidey so cocky this go round? His awkwardness is usually part of his charm.

RC: That's more from the comic books.

The Sam Raimi Spider-Man movies didn't use Spidey's sarcasm, but on the pages of the comics he wasn't shy to let loose with some trash talking.

MB: The movie is watchable and intermittently entertaining, but the franchise really needs to invigorate itself to keep me caught in its web.

SCENE 2

CANADIAN WILDLIFE FEDERATION
FÉDÉRATION CANADIENNE DE LA FAUNE
Walk for Wildlife
Place: GATINEAU PARK
WELCOME CENTRE
33 Scott Road, Chelsea, QC
Date: Saturday, May 3, 2014
Time: 11 a.m to 2 p.m.
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Go on a wildlife walk on the trails
Meet a REAL skunk, turtle and owls
Get outside and enjoy nature in the park!
For more information, visit WalkForWildlife.ca

Drama

The Railway Man

Director. Jonathan Teplitzky

Stars. Colin Firth, Nicole Kidman

Based on the bestselling autobiography, The Railway Man tells the epic true story of Eric Lomax (Colin Firth), a British Army officer who is tormented as a prisoner of war at a Japanese labour camp during World War II. Decades later, Lomax and his beautiful love interest Patti (Nicole Kidman) discover that the Japanese interpreter responsible for much of his treatment is still alive and set out to confront him.

Rotten Tomatoes™ score

Critics: 65% **Audience:** 73%

The must-see films of summer

Sorry, summer moviegoers, but this May through August you have only three superhero movies to choose from. What's worse, only two of those are from Marvel — and only one of those is part of the official Marvel Cinematic Universe. Instead you'll have a treasure troveof alternative blockbusters featuring bitter witches, mythic beefcakes, sky-high lizards, giant robots and giant turtles.

MATT PRIGGE
Metro World News in New York

Godzilla (May 16)

High-concept premise: The fire-breathing, rampaging lizard of Japanese cinema is back — only it's definitely not the campy 1998 one that no one likes because it's just awful.

Superpower: Its cast is nothing to sneeze at: Bryan Cranston, Elizabeth Olsen, Sally Hawkins, David Strathairn and … holy crap, Juliette Binoche is in this? The tone looks serious. In fact, not unlike the original Japanese version of Godzilla from 1954, which is in fact quite grim.

Weakness: Director Gareth Edwards last tried to subvert the monster movie with Monsters, which ended up being packed with indie clichés. This could get too dour. Also, let's not forget, this is still freakin' Godzilla.

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Edge of Tomorrow (June 6)

High-concept premise: Tom Cruise, 51, plays an alien-battling soldier caught in a time loop. Emily Blunt is also there.

Superpower: This is based on a beloved science-fiction novel, All You Need Is Kill, by Hiroshi Sakurazaka, though they've changed the title.

Weakness: Are they insane? All You Need Is Kill is a GREAT title. The new one sounds like an Epcot ride — or an Isaac Asimov book that doesn't feature alien fighting.

X-Men: Days of Future Past (May 23)

High-concept premise: The X-Men Babies prequels soldier on, and if you're sick of young and dashing Magneto, then don't worry: Wolverine and many others from the first three films have been shoehorned into it.

Superpower: Nuts to Godzilla: This has the best cast of any summer movie, with Michael Fassbender, Jennifer Lawrence, Patrick Stewart, Ian McKellen, plus newbies Peter Dinklage and Omar Sy of "The Intouchables."

Weakness: This sounds like a lot of characters to deal with in only 130 minutes. Good luck with that.

Jupiter Ascending (July 18)

High-concept premise: The Wachowskis tanked with Speed Racer and Cloud Atlas. So, naturally, they've been given another $150 million to do another nutty idea.

Superpower: The Wachowskis (and the studio) are no doubt gambling on stars Mila Kunis, Channing Tatum and Eddie Redmayne to pull people through the weirdness.

Weakness: Speed Racer is visually unique and Cloud Atlas ambitious, but both are kind of drags.

Transformers: Age of Extinction (June 27)

High-concept premise: Shia LaBeouf and that model he was banging are no more — the franchise about giant robots with millions of headache-inducing parts has decamped for Marky Mark.

Superpower: It has 100 percent less Shia.

Weakness: It's a freakin' Michael Bay Transformers movie. Moreover, Marky Mark looks awfully solemn in the press images.

Teenage Mutant Ninja Turtles (August 8)

High-concept premise: The '80s pizza-eating reptiles finally get a reboot after the 2007 film TMNT didn't quite bring them back.

Superpower: This one's superpower is probably nostalgia, with a sizeable marketing budget.

Weakness: Like all live-action versions of the franchise — including the ones from the '90s that briefly featured Elias Koteas as Casey Jones — this looks too serious a film considering it's about turtles who eat junk food and are named after famous painters.

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THE AMAZING SPIDER-MAN 2
IN real 3D AND IMAX 3D
STARTS TODAY
Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes
IN THEATRES IN IMAX 3D, real 3D, 3D AND 2D

THESE PAGES COVER MOVIE START TIMES FROM FRI., MAY 2 TO THURS., MAY. 8. TIMES ARE SUBJECT TO CHANGE.

Bytowne Cinema
325 Rideau St.

Finding Vivian Maier (PG) Fri 7:10 Sat 9:10 Sun 2:15-8:45 Mon-Tue 6:50 Wed 9:20 Thu 5:01
Mystery Train (STC) Tue 4:30 Thu 9:15
The Railway Man (14A) Fri 9:10 Sat 4:25-6:45 Sun 6:25 Mon 4:30-8:45 Tue 8:45 Wed 4:30 Thu 6:55
Two Lives (STC) Wed 6:59
Le Week-end (14A) Fri 5:01 Sat 2:15 Sun 4:15

Canadian Film Institute
2 Daly Ave., Suite 120

Amália (STC) Mon 7
Dark Mirror: The Films of Theodore Ushev (STC) Fri 7 Sat 8
No Films Showing Today (STC) Sun Tue-Wed
Vai que Dá Certo (STC) Thu 7
Virgem Margarida (14A) Thu 9

Canadian Museum of nature
240 McLeod St.

Call the Theater for Features and Show Times (STC) Fri-Thu

Coliseum Ottawa
3090 Carling Ave.

The Amazing Spider-Man 2 (PG) No Passes Fri-Sun 12:20-3:40-7-10:20 No Passes Mon-Thu 3:30-6:45-10 Star & Strollers Screening, No Passes Thu 1
The Amazing Spider-Man 2 3D (PG) No Passes Fri-Sun 2:40-6-9:20 No Passes Mon-Wed 5:45-9 No Passes Thu 1:30-5:45-9 No Passes Fri-Sun 1:40-5-8:20 No Passes Mon-Thu 4:45-8 No Passes Fri-Sun 12:50-4:10-7:30-10:50
No Passes Mon-Thu 4-7:15-10:30
Bears (G) Fri-Sun 12:10-2:20-4:40 Mon-Thu 4:40
Brick Mansions (PG) Fri-Sun 1:30-4:30-7:10-9:50 Mon-Wed 4:30-7:10-9:50 Thu 1:20-4:30-7:10-9:50 Star & Strollers Screening Thu 1
Captain America: The Winter Soldier (PG) Fri-Sun 1:10 Thu 1:10
Captain America: The Winter Soldier 3D (PG) Fri-Thu 4:20-7:20-10:30
Divergent (PG) Fri-Sun 12:30-3:30-6:50-10 Mon 3:30-10 Tue-Wed 3:40-6:50-10 Thu 3:40-10
Heaven Is for Real (PG) Fri-Sun 12:40-3:20-6:40-9:40 Mon-Wed 3:50-6:40-9:40 Thu 1:15-3:50-6:40-9:40
National Theatre Live: War Horse - Encore (STC) Mon 6:30
Neighbors (18A) No Passes Thu 10:20
The Other Woman (STC) Fri-Sun 12-2:40-5:20-8-10:40 Mon-Wed 5:20-8-10:35 Thu 1:30-5:20-8-10:35
The Quiet Ones (14A) Fri-Thu 6:45-9:30
Rio 2 (G) Fri-Sun 12 Thu 1:35
Rio 2 3D (G) Fri-Sat 2:30-5:10-7:40-10:10 Sun 2:30-5:10-7:40 Mon-Wed 5:10-7:40-10:10 Thu 5:10-7:40
Transcendence (PG) Fri-Sat 2-4:50-7:50-10:30 Sun 2-4:50-10:30 Mon-Tue 4:50-7:50-10:30 Wed 3:30-10:30 Thu 1:10-4:50-7:50-10:30
WWE Extreme Rules - 2014 (STC) Sun 8

Mayfair Theatre
1074 Bank St.

Bad Words (14A) Fri-Sat 8:45 Sun 8:30
The Face of Love (PG) Fri 4:30 Sun-Mon 6:30
Journey to the West (PG) Fri-Sat 10:45 Mon 8:30
The Lunchbox (PG) Fri-Sat 6:30 Mon 4:15 Tue 4:30
Muppets Most Wanted (G) Sat-Sun 1:30-3:45
Ottawa Film Society (STC) Tue-Thu 7-9:30

Rainbow Cinemas
St. Laurent Centre, 1200 St. Laurent Blvd.,

12 Years a Slave (14A) Fri-Thu 9:55-7:30
300: Rise of an Empire (18A) Fri-Thu 10:20-5
Bad Words (14A) Fri-Thu 1-3-7:10
Frozen (G) Fri-Thu 12:30-2:45-5:05
Haunter (PG) Fri-Thu 9:05
The LEGO Movie (G) Fri-Thu 10-12:10-2:20-4:35-6:50
The Monuments Men (PG) Fri-Thu 3:50-8:55
Non-Stop (PG) Fri-Thu 10:30-1:10-6:40
Oculus (14A) Fri-Thu 9:10
The Raid 2 (18A) Fri-Thu 1:20-7:20
Veronica Mars (PG) Fri-Sat 10:40-4:45 Sun-Mon 10:40 Tue 10:40-4:45 Wed 10:40 Thu 10:40-4:45 Open Captioned Sun-Mon 4:45 Open Captioned Wed 4:45

South Keys
2214 Bank St.

The Amazing Spider-Man 2 (PG) No Passes Fri-Thu 10:40-1:50-5-8:15
The Amazing Spider-Man 2 3D (PG) No Passes Fri-Thu 11:40-3-6:20-9:35 No Passes Fri-Thu 12:20-3:40-7-10:15
Bears (G) Fri-Thu 10:50-1-3:05-5:15
Brick Mansions (PG) Fri-Tue 10:35-12:55-3:15-5:35-8-10:20 Wed 12-2:20-4:40-6:50-10:20 Thu 10:35-12:55-3:15-5:35-8-10:20
Captain America: The Winter Soldier (PG) Fri-Thu 12:45
Captain America: The Winter Soldier 3D (PG) Fri-Sat 3:40-6:55-10 Sun 3:45-6:55-10 Mon 3:40-6:55-10 Tue-Thu 3:45-6:55-10
Divergent (PG) Fri-Sat 12:10-3:30-6:45-9:45 Sun 12:10-3:30-6:45-9:40 Mon-Wed 12:10-3:30-6:45-9:45 Thu 12:10-3:30-6:45-9:40
Focus on the Family Presents: Irreplaceable (PG) Wed 7:30
The Grand Budapest Hotel (14A) Fri-Thu 10:30-12:50-3:10-5:30-7:50-10:10
Heaven Is for Real (PG) Fri-Thu 11:20-2-4:30-7:05-9:30
The Other Woman (STC) Fri-Thu 11:30-2:10-4:50-7:30-10:05
The Quiet Ones (14A) Fri-Thu 7:25-9:50
Rio 2 (G) Fri-Wed 10:25-11:10-1:45 Thu 10:25-11:20-1:45
Rio 2 3D (G) Fri-Tue 4:20-6:50-9:20 Wed 4:20-9:20 Thu 4:20-6:50-9:20
Robots (G) Sat 11
Transcendence (PG) Fri 10:45-1:30-4:15-7:10-9:55 Sat 1:30-4:15-7:10-9:55 Sun-Thu 10:45-1:30-4:15-7:10-9:55

Canadian Museum of civilization
100 rue Laurier,

Destination Pacific Sud 3D (STC) Fri 1-4-7 Sat 6 Sun-Mon 1 Wed 4 Thu 12
Grand Nord (STC) Sun-Mon 4 Thu 6
Great North (STC) Sat 3 Sun 12 Tue 3
Journey to the South Pacific: An IMAX 3D Experience (STC) Fri 11-2-5 Sat 11-2-5-8 Sun 11-2-5 Mon 11-2-5-7 Tue 12-2-5-7 Wed 11-2-5-7 Thu 10-2-5
Kenya 3D: Animal Kingdom (STC) Fri 10-12-3-6 Sat 12-7 Sun 12-6 Mon 12-3-6 Tue 4 Wed 1-3 Thu 11-3-8 Fri 8 Sat 1-4 Tue 4 Wed 6 Thu 4
L' incroyable voyage des papillons 3D (STC) Tue 1
Mummies: Secrets of the Pharaohs (STC) Thu 1
Nés pour être libres (STC) Wed 10-12
Space Station (G) Sat 10

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The Amazing Spider-Man 2 (G) Fri-Sun 12:50-3:40-6:50-9:20 Mon 6:50 Tue 12:50-3:40-6:50-9:20 Wed-Thu 6:50-9:20
The Amazing Spider-Man 2 3D (G) Fri-Sun 12:40-3:30-6:40-9:30 Mon 6:40 Tue 12:40-3:30-6:40-9:30 Wed-Thu 6:40-9:30
Captain America: The Winter Soldier (G) Fri-Sat 1-3:40-7-9:40 Sun 3:40-7-9:40 Mon 7 Tue 1-3:40-7-9:40 Wed-Thu 7-9:40
Opera de Paris: La Fanciulla del West (STC) Sun 1
Rio 2 (G) Fri 1:10 Sat-Sun 10-1:10 Tue 1:10 Fri 3:10 Sat-Sun 10-3:10 Tue 3:10
Une autre vie (STC) Fri-Sun 7:10-9:40 Mon 7:10 Tue-Thu 7:10-9:40

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The Amazing Spider-Man 2 (G) No Passes Fri-Sun 12:40-12:50-3:50-7-10:15 No Passes Mon 7:05-10:05 No Passes Tue 12:40-12:50-3:50-7-10:15 No Passes Wed-Thu 7:05-10:05
The Amazing Spider-Man 2 3D (G) No Passes Fri-Sun 5:25 No Passes Mon 7:15-10:30 No Passes Tue 5:25 No Passes Wed 7:15-10:30 No Passes Thu 1:35-7:15-10:30 No Passes Fri-Sun 1-4:15-7:30-10:45 No Passes Tue 1-4:15-7:30-10:45
Bears (G) Fri 12:40 Sat 11:15-12:40 Sun 12:40 Tue 12:40 Thu 1:50
Brick Mansions (13+) Fri 1-3:15-8:25-10:40 Sat 10:50-1-3:15-8:25-10:40 Sun 1-3:15-8:25-10:40 Mon 7:30-10:30 Tue 1-3:15-8:25-10:40 Wed 7:30-10:30 Thu 2-7:30-10:30
Capitaine America: Le soldat de l'hiver (G) Fri-Sun 1:15 Tue 1:15
Capitaine America: Le soldat de l'hiver 3D (G) Fri-Sun 4:15-7:15-10:15 Mon 7:15-10:15 Tue 4:15-7:15-10:15 Wed 7:15-10:15 Thu 1:20-7:15-10:15
Captain America: The Winter Soldier (G) Fri-Sun 1 Tue 1
Captain America: The Winter Soldier 3D (G) Fri-Sun 4:05-7:25-10:30 Mon 7:25-10:25 Tue 4:05-7:25-10:30 Wed 7:25-10:25 Thu 1:30-7:25-10:25
Divergent (G) Fri-Sun 1:25-4:35-7:40-10:40 Mon 7:10-10:15 Tue 1:25-4:35-7:40-10:40 Wed 7:10-10:15 Thu 1:30-7:10-10:15
Heaven Is for Real (G) Fri-Sun 12:55-3:15-5:35-8:05-10:30 Mon 7:35-10 Tue 12:55-3:15-5:35-8:05-10:30 Wed 7:35-10 Thu 1:15-7:35-10
L'autre femme (G) Fri-Sun 1:40-4:15-7:20-9:55 Mon 7:25-9:55 Tue 1:40-4:15-7:20-9:55 Wed 7:25-9:55 Thu 1:50-7:25-9:55
L'extraordinaire Spider-Man 2 (G) No Passes Fri-Sun 1:15-5-8:15 No Passes Mon 7:30-9:45 No Passes Tue 1:15-5-8:15 No Passes Wed 7:30-9:45 No Passes Thu 1:10-7:30-9:45
L'extraordinaire Spider-Man 2 3D (G) No Passes Fri-Sun 12:45-4-7:15-10:30 No Passes Mon 7-10:15 No Passes Tue 12:45-4-7:15-10:30 No Passes Wed 7-10:15 No Passes Thu 1:25-7-10:15
L'Hotel Grand Budapest (G) Fri-Sun 2:35-4:55-7:20-9:45 Mon 7:20-9:45 Tue 2:35-4:55-7:20-9:45 Wed 7:20-9:45 Thu 1:45-7:20-9:45 Thu 1:15

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Mon ami Willy (STC) Sat 11
Neighbors (STC) No Passes Thu 10:30
The Other Woman (G) Fri-Sun 12:55-3:25-5:55-8:20-10:45 Mon 7-9:30 Tue 12:55-3:25-5:55-8:20-10:45 Wed-Thu 7-9:30 Star & Strollers Screening Thu 1:30
The Quiet Ones (13+) Fri-Sun 3:55-6:15-8:30-10:45 Mon 7:30-10 Tue 3:55-6:15-8:30-10:45 Wed-Thu 7:30-10
Rio 2 (G) Fri 1:15-4-7-9:35 Sat 11-1:15-4-7-9:35 Sun 1:15-4-7-9:35 Mon 7-9:35 Tue 1:15-4-7-9:35 Wed 7-9:35 Thu 1:30-7-9:35 Fri 12:45 Sat 10:55-11:30-12:45 Sun 12:45 Tue 12:45
Rio 2 3D (G) Fri-Sun 3:15-5:40-8:05-10:25 Mon 7:15-9:45 Tue 3:15-5:40-8:05-10:25 Wed 7:15-9:45 Thu 1:30-7:15-9:45
Robots (G) Sat 11
Transcendence (G) Fri-Sun 2-4:50-7:40-10:30 Mon 7:50-10:30 Tue 2-4:50-7:40-10:30 Wed 7:50-10:30 Thu 1:05-7:50

Barrhaven Cinemas

131 Riocan Dr.

The Amazing Spider-Man 2 (PG) No Passes Fri 6:25-9:35 No Passes Sat-Sun 11:45-3:05-6:25-9:35 No Passes Mon-Thu 4:50-8 Star & Strollers Screening, No Passes Thu 1
The Amazing Spider-Man 2 3D (PG) No Passes Fri 7:10-10:20 No Passes Sat-Sun 12:30-3:50-7:10-10:20 No Passes Mon-Thu 7
Captain America: The Winter Soldier (PG) Sat-Sun 12:40
Captain America: The Winter Soldier 3D (PG) Fri 7-10:10 Sat-Sun 3:50-7-10:10 Mon-Thu 4:30-7:35
Divergent (PG) Fri 6:50-10 Sat-Sun 12:20-3:40-6:50-10 Mon-Thu 4:40-7:45
Heaven Is for Real (PG) Fri 7:20-9:50 Sat-Sun 1:40-4:10-7:20-9:50 Mon-Thu 4:45-7:10
The Other Woman (STC) Fri 7:30-10:10 Sat-Sun 2:10-4:50-7:30-10:10 Mon-Thu 4:55-7:55 Star & Strollers Screening Thu 1
Rio 2 (G) Sat-Sun 11:30-2
Rio 2 3D (G) Fri 7:10-9:40 Sat-Sun 4:35-7:10-9:40 Mon-Thu 5-7:45
Robots (G) Sat 11

SilverCity 2385 City Park Dr.

The Amazing Spider-Man 2 (PG) No Passes Fri 2:40-6-9:20 No Passes Sat 11:20-2:40-6-9:20 No Passes Sun-Tue 2:40-6-9:20 No Passes Wed 4:15-7:25-10:05 No Passes Thu 2:40-6-9:20 Star & Strollers Screening, No Passes Wed 1
The Amazing Spider-Man 2 3D (PG) No Passes Fri 12:20-1:40-3:40-5-7-8:20-10:20 No Passes Sat 12:20-1:40-3:40-5-7-8:20-10:20-11:40 No Passes Sun-Thu 12:20-1:40-3:40-5-7-8:20-10:20
The Amazing Spider-Man 2: An IMAX 3D Experience (PG) No Passes Fri 12:50-4:10-7:30-10:50 No Passes Sat 12-11-2:10-5:30-8:45 No Passes Sun 12:50-4:10-7:30-10:50 No Passes Mon-Thu 12:45-4-7:15-10:30
Bears (G) Fri 1:20-3:35-5:50 Sat 11:10-1:20-3:35-5:50 Sun-Tue 1:20-3:35-5:50 Wed 11-3:35-5:50 Thu 1:20-3:35-5:50 Star & Strollers Screening Wed 1
Brick Mansions (PG) Fri-Thu 12:55-3:25-5:55-8:25-10:45
Captain America: The Winter Soldier (PG) Fri-Thu 12:30
Captain America: The Winter Soldier 3D (PG) Fri-Thu 3:50-7:10-10:30
Divergent (PG) Fri-Sat 12:40-4-7:20-10:40 Sun 12:40-4-10:40 Mon-Thu 12:40-4-7:20-10:40
Dom Hemingway (14A) Fri-Thu 9:50
Draft Day (PG) Fri-Tue 1:50-4:45-7:40 Wed 1:50-4:45 Thu 1:50-4:45-7:40
Focus on the Family Presents: Irreplaceable (PG) Wed 7:30
God's Not Dead (PG) Fri-Thu 1:30-4:15-7:05
The Grand Budapest Hotel (14A) Fri-Sun 11:55-2:25-5:05-7:50-10:25 Mon-Tue 2:25-5:05-7:50-10:25 Wed 11:55-2:25-5:05-7:50-10:25 Thu 2:25-5:05-7:50-10:25
Heaven Is for Real (PG) Fri-Sun 11:50-2:20-4:55-7:35-10:15 Mon-Wed 2:20-4:55-7:35-10:15 Thu 1:15-3:55-9:30
National Theatre Live: War Horse - Encore (STC) Mon 6:30
Neighbors (18A) No Passes Thu 10:15
Noah (14A) Fri-Sat 12:05-3:20-6:45-10 Sun 12:05-3:20-6:45 Mon 3:20-10 Tue 3:20-6:45-10 Wed 12:05-3:20-6:45-10 Thu 3:20-6:45-10
The Other Woman (STC) Fri-Sun 11:50-2:30-5:15-8-10:45 Mon-Tue 2:30-5:15-8-10:45 Wed 11:40-2:30-5:15-8-10:45 Thu 2:30-5:15-8-10:45
The Quiet Ones (14A) Fri-Thu 10:35
Rio 2 (G) Fri 12-2:35 Sat 11:05-12-2:35 Sun 12-2:35 Mon-Tue 2:35 Wed 12-2:35 Thu 2:35
Rio 2 3D (G) Fri-Wed 5:10-7:45-10:25 Thu 5:10-7:45
Robots (G) Sat 11
Trailer Park Boys: Don't Legalize It (14A) Fri-Thu 8:10-10:35
Transcendence (PG) Fri-Thu 1:25-4:20-7:15-10:10
WWE Extreme Rules - 2014 (STC) Sun 8

Landmark Theatres Orleans 6 Cinemas 3752 Innes Rd

The Amazing Spider-Man 2 (PG) Fri 6:15 Sat-Sun 1:15-7:25 Mon 6:15 Tue 1:15-7:25 Wed-Thu 6:15
The Amazing Spider-Man 2 3D (PG) Fri 3-4-7:15-9:30-10:30 Sat-Sun 12:45-4:20-4:45-8:30-10:30 Mon 3-4-7:15-9:30-10:30 Tue 12:45-4:20-4:45-8:30-10:30 Wed-Thu 3-4-7:15-9:30-10:30 Fri 3:30-6:45-10 Sat-Sun 12:15-3:30-6:45-10 Mon 3:30-6:45-10 Tue 12:15-3:30-6:45-10 Wed-Thu 3:30-6:45-10
Bears (G) Fri 3:15 Sat-Sun 10:30-1:10-3:15 Mon 3:15 Tue 1:10-3:15 Wed-Thu 3:15
Brick Mansions (PG) Fri 4:20-7:05-10:15 Sat-Sun 1:45-4:20-7:05-10:15 Mon 4:20-7:05-10:15 Tue 1:45-4:20-7:05-10:15 Wed-Thu 4:20-7:05-10:15
Captain America: The Winter Soldier (PG) Fri 7-10:10 Sat-Sun 10-1-7-10:10 Mon 7-10:10 Tue 1-7-10:10 Wed-Thu 7-10:10 Fri 3:25-6:30-9:45 Sat-Sun 4-6:30-9:45 Mon 3:25-6:30-9:45 Tue 4-6:30-9:45 Wed 3:25-6:30-9:45 Thu 3:25
Heaven Is for Real (PG) Fri 4:05-6:40-9:15 Sat-Sun 11-1:30-4:05-6:40-9:15 Mon 4:05-6:40-9:15 Tue 1:30-4:05-6:40-9:15 Wed-Thu 4:05-6:40-9:15
Neighbors (18A) Thu 8-10:30
The Other Woman (STC) Fri 3:45-6:50-9:40 Sat-Sun 1-3:45-6:50-9:40 Mon 3:45-6:50-9:40 Tue 1-3:45-6:50-9:40 Wed-Thu 3:45-6:50-9:40
The Quiet Ones (14A) Fri-Thu 10:25
Rio 2 (G) Fri 3:40 Sat-Sun 11:15-3:40 Mon-Thu 3:40
Rio 2 3D (G) Fri 6:20-9 Sat-Sun 10:45-1:15-6:20-9 Mon 6:20-9 Tue 1:15-6:20-9 Wed 6:20-9 Thu 9:50
Transcendence (PG) Fri 4:15-7:20 Sat-Sun 12:30-4:15-7:20 Mon 4:15-7:20 Tue 12:30-4:15-7:20 Wed-Thu 4:15-7:20

Landmark Cinemas 24 Kanata & IMAX, 801 Kanata Ave.

2 States (PG) Fri-Thu 9:50
The Amazing Spider-Man 2 (PG) Fri 11:10-2:45-6-9:20 Sat 10-11:10-2:45-6-9:20 Sun 11:10-2:45-6-9:20 Mon-Thu 2:45-6-9:20
The Amazing Spider-Man 2 3D (PG) Fri-Sun 11:40-1:10-3:05-4:40-6:30-8:15-9:55 Mon 3:05-4:40-6:30-8:15-9:55 Tue 1:10-3:05-4:40-6:30-8:15-9:55 Wed-Thu 3:05-4:40-6:30-8:15-9:55
The Amazing Spider-Man 2: An IMAX 3D Experience (PG) Fri-Sun 12:15-3:40-7:05-10:30 Mon-Wed 3:40-7:05-10:30 Thu 7:05-10:30 Thu 3:40
Bears (G) Fri-Sun 11:45-2-4:15-6:40-9 Mon 4:15-6:40-9 Tue 2-4:15-6:40-9 Wed-Thu 4:15-6:40-9
Brick Mansions (PG) Fri-Sun 11:05-1:50-4:25-7-9:45 Mon 4:25-7-9:45 Tue 1:50-4:25-7-9:45 Wed-Thu 4:25-7-9:45
Captain America: The Winter Soldier (PG) Fri-Sun 11:40-3:05-6:30-10 Mon-Thu 3:05-6:30-10 Fri-Sun 11:10-2:30-6-9:10 Mon-Thu 2:30-6-9:10
Divergent (PG) Fri-Tue 6:50-10 Wed 10 Thu 6:50-10 Wed 6:50
Draft Day (PG) Fri-Sun 1:50-4:30-7:25-10:10 Mon-Tue 7:25-10:10 Wed-Thu 4:30-7:25-10:10 Mon 4:30 Tue 1:50-4:30
Focus on the Family Presents: Irreplaceable (PG) Wed 7:30
God's Not Dead (PG) Fri-Sun 12:25-3:25-6:35-9:40 Mon-Thu 3:25-6:35-9:40
The Grand Budapest Hotel (14A) Fri-Sun 1:15-3:55-6:20-9:05 Mon 3:55-6:20-9:05 Tue 1:15-3:55-6:20-9:05 Wed-Thu 3:55-6:20-9:05
A Haunted House 2 (14A) Fri-Wed 10:15
Heaven Is for Real (PG) Fri-Sun 10:50-1:55-4:45-7:20-9:50 Mon 4:45-7:20-9:50 Tue 1:55-4:45-7:20-9:50 Wed-Thu 4:45-7:20-9:50
The LEGO Movie (G) Fri-Sun 11:15-1:45-4:20-7 Mon 4:20-7 Tue 1:45-4:20-7 Wed-Thu 4:20
Moms' Night Out (PG) Thu 7-9:40
Mr. Peabody & Sherman (G) Fri-Sun 10:55-1:35-4:05 Mon 4:05 Tue 1:35-4:05 Wed-Thu 4:05
Muppets Most Wanted (G) Fri-Sun 10:35-1:20-4:10-7 Mon 10-4:10-7 Tue 1:20-4:10-7 Wed-Thu 4:10-7
Neighbors (18A) Thu 8-9:30-10:30
Noah (14A) Fri-Sun 12:10-3:15-6:25-9:35 Mon-Thu 3:15-6:25-9:35
Non-Stop (PG) Fri-Sun 12:55-6:55 Mon-Thu 6:55
Oculus (14A) Fri-Thu 3:55-9:55
The Other Woman (STC) Fri-Sun 10:40-12:35-1:25-3:40-4:30-6:45-7:35-9:30-10:15 Mon 3:40-4:30-6:45-7:35-9:30-10:15 Tue 1:25-3:40-4:30-6:45-7:35-9:30-10:15 Wed 3:40-4:30-6:45-7:35 Thu 3:40-4:30-6:45 Tue 1 Wed 9:30-10:15 Thu 7:35-9:30-10:15
The Quiet Ones (14A) Fri-Sun 11:20-2-4:50-7:45-10:10 Mon 7:45-10:10 Tue 2-4:50-7:45-10:10 Wed 7:45-10:10 Mon 4:50 Wed-Thu 4:50
Rio 2 (G) Fri-Sun 10:30-1:30-4:35-7:30-9:55 Mon 4:35-7:30-9:55 Tue 1:30-4:35-7:30-9:55 Wed-Thu 4:35-7:30-9:55
Rio 2 3D (G) Fri-Sun 11:30-2:40-5:30-8:10 Mon-Wed 2:40-5:30-8:10 Thu 2:40-5:30
Trailer Park Boys: Don't Legalize It (14A) Fri-Sun 11:25-2:10-4:40-7:15-9:55 Mon 4:40-7:15-9:55 Tue 2:10-4:40-7:15-9:55 Wed-Thu 4:40-7:15-9:55
Transcendence (PG) Fri-Sun 11:55-3:20-6:30-9:40 Mon-Thu 3:20-6:30-9:40

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24 returns to Live Another Day

London calling. With a 12-episode miniseries about to premiere, 24's executive producers bring Jack Bauer's world of intrigue to the U.K.

NED EHRBAR
Metro World News in Hollywood

Jack Bauer is back. After four years off the air, the action series 24 returns with a 12-episode miniseries, 24: Live Another Day. We tried to pry some info out of executive producers Manny Coto and Evan Katz about the new story and what may be next for Jack. Let's just say they held up under interrogation.

Kiefer Sutherland's Jack is back in 24: Live Another Day. GLOBAL

How does it differ approaching 12 episodes instead of 23 or 24?
Manny Coto: It's easier in the sense that it's half the work, but it's also challenging in the sense that the stories are more concentrated in 12 episodes. There's less room for wiggle. In a 24-episode season, there were episodes that were transition episodes. There were episodes where not as much happened as in other episodes. But in this season, every episode has to be an A episode, has to be a premiere episode. There's no taking-us-from-one-story-to-the-next episode. It's 12 episodes of high points. In this season, we really just pressed the pedal down hard and went all the way for what we're doing.
Evan Katz: Pedal to the metal.
Coto: Right. I just didn't want to say the cliché.

Is this an example of the effect of successful cable shows, which have shorter seasons?
Coto: I don't really think that was the idea. This is kind of what they wanted. We were told, "Let's do a 12-episode thing." I personally would've gone to 24, but I'm the only person apparently in the room who would've done that.
Katz: I would not have.
Coto: Evan would not have. I liked the original format. However, this is something that has worked astoundingly well. But we're not doing a cable show. It's 24, but it just happens to be 12 episodes. We do still have a way to cover a full day. It will be 12 hours out of a 24-hour period, but each episode is in real-time.

What about the decision to set it in London?
Katz: It was a way to bring back the series in a bold and different way, and it reflected the character's exile at the end of Season 8. I mean, he fled the country and is in exile. And there's something exciting about seeing Jack Bauer racing through the streets of London. It's a completely different environment. Jack's a very American hero, and it's kind of the old "ugly American in a foreign country." (laughs) This time the American is running around with a gun and blowing things up. We're inflicting Jack on London.

How are you going about incorporating how the world has changed since Season 8, especially recent developments in the intelligence industry?
Katz: There are a couple of things that have happened in the world in the last four years since the show went off, and that is one of them. We'll put it this way: events have offered us some great and real-feeling story possibilities. In other words, we can't tell you.

Mary Lynn Rajskub made some cryptic comments about what Chloe has been up to.
Katz: Yes, and we actually locked her away for that. (laughs)

Has there been talk about what might happen to the franchise after this?
Katz: Not really. We're trying not to dwell on that right now. We have enough to do. But you know, it's also relevant to how we're ending this particular batch and what we see the future of the character as.

The "Ugly American"

"This time the American is running around with a gun and blowing things up. We're inflicting Jack on London."

Evan Katz, executive producer, 24: Live Another Day

Air time

24: Live Another Day premieres May 5 at 8 p.m. ET/PT on Global.

Indie Cindy. Pixies return with new album and a lust for life on the road

Joey Santiago has this helpful tip for Pixies fans savouring the alt-rock band's first album in 23 years: Add to your existing playlist of past Pixies favourites. Hit shuffle. Enjoy.

"It belongs in that old catalogue," said the lead guitarist who, with frontman Charles "Black Francis" Thompson and drummer David Lovering, has kept the Pixies at the cutting edge of American indie music since the 1980s.

"The shuffle thing works for me, and hopefully people are cognizant of that," added Santiago over a dodgy telephone line from London on Tuesday, the official North American release date for Indie Cindy.

Bringing together a dozen tracks from three previously released extended-play records, Indie Cindy is the Pixies' fifth studio album — and the first since Trompe le Monde way back in 1991.

Never ones to dominate the charts, the Pixies have nevertheless had an outsized impact since coming together in Boston in 1986, with their sound influencing the likes of Nirvana, Weezer and Radiohead.

Reviews for Indie Cindy have been mixed: while Rolling Stone shrugged it off as a sampling of "hit-or-miss songs," Britain's NME music weekly hailed the "long overdue" album as "free-sounding, adventurous and explosive."

For Santiago, it's "an honest progression" and something of a "snapshot" of where the Pixies now stand with members well into middle age.

"We're such a lucky band, that we have, like, a style of our own," he said. "We can basically pick and choose (musical styles) and explore out of that, without even thinking of it."

Hard-core fans will lament the absence of founding bassist Kim Deal, who abruptly quit the band in 2012 just as it was starting to record new material in Wales with producer Gil Norton.

But Santiago said the remaining Pixies have moved on. "When the news first got to us in that coffee shop in Wales (that Deal was leaving), it was a shock to the system," he said.

"But after the third day ... We went through the mourning process, and it's over. We've got to let the past be the past."

This week the Pixies released their first record in 23 years. JAY BLAKESBERG

While Simon "Ding" Archer laid down the bass lines for the Indie Cindy tracks, Santiago said the band is delighted with its current touring bassist, Paz Lenchantin, formerly with the rock group A Perfect Circle.

"Fortunately, we found somebody who fits right in," he said.

The Pixies should be enjoying life on the road as well. Coming off a U.S. tour that began last September, the group is soon heading to Australia for four gigs at the Sydney Opera House, before spending June and July in Europe.

"Sometimes I don't know what country I'm in," said Santiago, reflecting on the touring life with a hearty laugh.

"You know what? I relish it, because it's complete freedom, not knowing where you are. Does it really matter, as long as you woke up?" AFP

Quoted

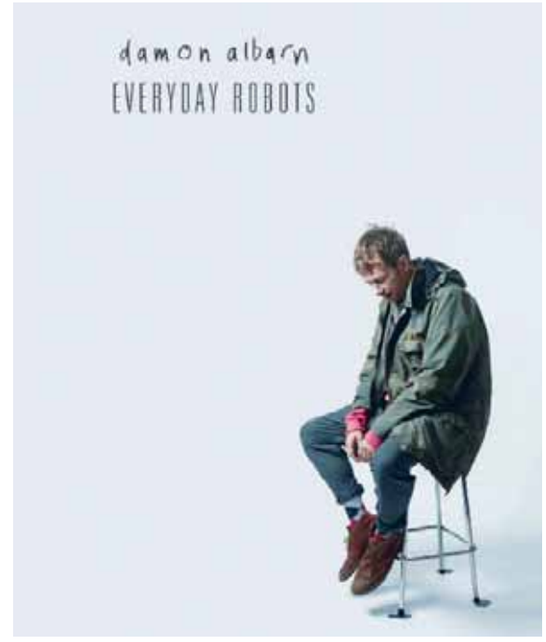
"We're enjoying every moment of it, and we're really enjoying this new lineup."

Joey Santiago, guitarist, the Pixies
on touring with bassist Paz Lenchantin, who replaced long-time bandmate Kim Deal

Damon Albarn, the incognito pop star

Going solo. The man behind Gorillaz and Blur finds himself all alone in the spotlight for the first time

Damon Albarn performs during this year's SXSW Music Festival in Austin, Texas. Albarn's new album, Everyday Robots, was released this week. JACK PLUNKETT/INVISION/THE ASSOCIATED PRESS



Mention groups like Gorillaz and Blur to the average music fan and the names are immediately recognizable. Mention Damon Albarn, the man at the heart of those groups and several other successful collaborations, and there can be a bit of head-scratching.

Albarn acknowledges that he faces an identity problem as he releases his first proper solo album, Everyday Robots, this week.

"People have to realize that it's actually me," Albarn said. "In America, if I took the number of people who were Gorillaz fans and actually converted them straight to Damon Albarn fans, I'd be guaranteed a No. 1 album in America, which would be very nice. But you can't guarantee things like that, at all. I mean round the world between Blur and Gorillaz, there's a (lot of fans). They obviously like me — but they don't necessarily know I'm me."

Everyday Robots is a chance for fans to get to know the 46-year-old British singer and multi-instrumentalist. The 12 tracks, loosely about the disconnection we face in the modern world, are as unfiltered as Albarn gets, full of the kind of personal observations, stories and thoughts that might usually receive a coat of paint in a group setting. "There's no embellishment at all," Albarn said.

The sessions for the new album grew out of the good feelings Albarn and friend and collaborator Richard Russell, CEO of XL Recordings, had left over after their The Bravest Man in the Universe collaboration with Bobby Womack. Albarn prefers to work in a collective, but Russell persuaded him it was time to do a solo album with some of Albarn's more melancholic material.

"We had a real esthetic that was working. It was like what do we do next?" Albarn asked. "Should we start a band? We even thought up a few names, but then we realized we're 44-year-old men at the time. Let's not try and start a new pop band. Maybe our time is over for that."

There's no age limit on creativity, though, and Albarn has managed to extend his career far beyond most of his contemporaries from the classic early 1990s British rock scene. He attributes his longevity to punching a clock every day at a building he owns in London where he has his own studio and administrative offices.

"I put it down to having a very good routine," Albarn said. "Five days a week, 10 till 5:30 — apart from school holidays."

He also has a sense of when to move on. He enjoyed a long world tour with his Blur bandmates last year, but knew it was time to take a long sabbatical from the band afterward. He suspects he'll soon feel that way about his latest project as well.

"I tend to get that way with everything," Albarn said. "I will take a sabbatical from myself for a while, no doubt, and go back to being someone else. This is the most fun thing to do, so I will continue being myself until it's no more fun. I haven't been myself for so long, it's novel."

THE ASSOCIATED PRESS

Quoted

"I mean 'round the world between Blur and Gorillaz, there's a (lot of fans). They obviously like me — but they don't necessarily know I'm me."

Damon Albarn,
on preforming as a solo musician under his own name

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Louis C.K. brings alter-ego Louie back

Recharged batteries. After a long break, series returns to TV for a fourth season charting bumpy daily life of a comedian

Louis C.K. isn't soured on life. But he seems forever on the verge of turning.

At least that appears to be the case with the character he plays on the eponymous Louie, his semi-fictional comedy making a much-awaited return Monday.

Louie — who (like Louis) is a New York comic and a divorced father of two daughters — knows struggle and angst and cloudy wonderment. He views life through eyes with a stricken look, dwelling in a state of comfortable dread.

"What makes you laugh?" someone asks him.

"I can't remember," he replies.

The fourth season kicks off with back-to-back half-hours that chart Louie's bumpy daily life, including a rude wake-up call, a visit to the doctor, cooking dinner for his girls, awkward stabs at romance, indignity performing at a Hamptons benefit and brief respite in a comics' poker game.

There are also glimpses of him doing stand-up in a Greenwich Village club, where he ponders what happens after you die and says, "Actually, a lot of things happen. Just none of them include YOU."

It's great to have him back with these 14 new episodes, especially after such a long absence. Back in fall 2012, Louis — who stars, writes, produces and directs — had asked FX for some extra time to recharge his batteries.

"Oh boy, am I glad I did that," he says during a recent phone interview. "I had way more energy, and I took a lot more time writing than I ever have. So even if it's not better, I certainly tried harder."

No one could deny he tries harder. His level of creative control and multihyphenate submersion in Louie is unprecedented for a TV auteur. And he is seen as a truth-teller beyond the boundaries of TV comedy, outdistancing Lena Dunham, Tina Fey or Larry David to earn proximity to TV drama's holy trinity of Davids: David (The Sopranos) Chase, David (The Wire) Simon and David (Deadwood) Milch.

With such thunderous acceptance (a current GQ profile calls him "the greatest comic talent of his generation"), is it tough to reinhabit the earlier, not-nearly-so-successful Louis C.K. he portrays on his show?

"The good times that I'm living started about three years ago," the 46-year-old Louis replies with a hollow sound that might be a chuckle. "If you pit those years against 43 years of struggle, you still have plenty to draw from."

Acclaim is nice, he says, "but it's like if you were being called a really good pilot: that doesn't make it easier to fly the plane. The fundamentals of the task are still the same, and hard as ever."

The only time he checks in on his star status: when answering a call of nature.

"While I'm sitting there, that's when I Google myself," he says. "And it makes me kind of nervous. So then I Google somebody else. And then I get on with my day."

The trials and sometime shocking tribulations Louie visits on its hero — most of which Louis presumably has withstood in real life — are unforgiving, particularly those falling in the show-business realm. A memorable three-episode arc last season imagined David Letterman announcing his retirement, with Louie vying to be Dave's Late Show successor while falling prey to show-biz duplicity.

Is that really the dark view he has of his profession?

"The second you choose show biz as a career," he reasons, "you're almost guaranteed that you're not gonna make it. So all the bad luck coming to you is MEANT to come to you."

THE ASSOCIATED PRESS

Watch it

Louie returns Monday at 10 p.m. ET on FX Canada.

Louis C.K. stars in Louie, returning Monday. FX CANADA

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3 songs for the weekend

Sound Check

ALAN CROSS

The queen of alt-rock, a metal band from Saudi Arabia and a worldly twist on a classic rock ballad

You Know My Name/ Wedding Day/ Courtney Love

Love unleashes her first new solo material in 10 years with a double A-side 7-inch and digital release that's as fierce as anything she's ever done.

Heen Yadhar Al Ghasq/Al-Namrood

A black metal band from Saudi Arabia? And a name that translates as "The Non-Believer" and which references an ancient malicious ruler who usurped Allah's place as God?

Sweet Child Of Mine/Shabi

Mesmerizing cover of the Guns N' Roses classic done in the qawwali style of Pakistan, complete with sitar parts. It's more proof that a truly great song lends itself to any manner of interpretation.

See that symbol? It means you can scan this image with your Metro News app to listen to Alan's recommended songs this week.

Mind the App

Some quality conversation

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

The Talks
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Combining audio with text, The Talks is a weekly interview series with "the most creative voices of our times" such as Bill Murray, Mila Kunis, Justin Timberlake and Christopher Walken.

WILL FERRELL: "I AM KIND OF BORING TO ME"

Video game review

Name. Kirby Triple Deluxe

For. Nintendo 3DS/2DS

Rated. Everyone

Kirby can inhale things, a power so great at times that he uproots trees, strips the landscape from the skies, and extracts panicked monsters from their homes. The weight and terror can be shockingly wonderful. This is Nintendo animation at its finest, a gorgeous game brilliantly presented in 3D where a hall of mirrors plays against both the leaping foreground and the deep backgrounds brilliantly. From cowboy to ninja, Kirby takes on many roles, but his fire-juggling circus persona, which uses balloon animals as weapons, is especially inspired. **KRIS ABEL**

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Ian Somerhalder: The eternal eco-warrior

Immortal with a heart. Somerhalder might act cold-blooded on TV, but his real passion is preserving the planet

LISA WEIDENFELD
Metro World News

Ian Somerhalder has been playing vampire Damon Salvatore on the CW's The Vampire Diaries for five years, but he has a new idea for what his character should do next: Save the environment.

"I've already been here for 200 years, and I'm going to be here for another millennium — I might as well try and preserve this place. Things are just going to get worse," says Somerhalder of what his character should be thinking.

It's a cause close to the actor's heart. He recently appeared in Years of Living Dangerously, Showtime's documentary series focusing on individual attempts to halt climate change, with each episode following a celebrity as he or she learns about those efforts. Harrison Ford kicked off the series, and Somerhalder's episode saw the actor travelling with Anna Jane Joyner in North Carolina to convince her father, a climate change denier, of the importance of taking action.

It's no small task. Her father is Rick Joyner, founder of the massive MorningStar Ministries, and could reach quite a large audience if he started advocating for action on climate change. The actor said he was thrilled to be part of the documentary series, which James Cameron spearheaded.

"My heart jumped out of my chest because it was just incredible. Looking at the cast of characters, it's not even a cast. It's a movement," says Somerhalder.

Other participants include Matt Damon, chef Mark Bittman and Arnold Schwarzenegger.

But that doesn't mean the actor has left his day job. Though he's not totally a fan of the nicer side of Damon viewers have been getting since the character found love with Elena Gilbert, he understands the creative decision: "Being on a TV show is very much like life. You get thrown curveballs all the time and it's how you deal with them, and it makes you a bigger and better person."

He did enjoy revisiting Damon's darker side this season, calling it his favourite since the first season and teasing that the finale is "intense."

"The way it ends, I never saw coming," Somerhalder says. "It's going to freak a bunch of people out."

Somerhalder's episode of Years of Living Dangerously airs May 4 on Showtime at 10 p.m., and The Vampire Diaries airs Thursdays at 8 p.m. ET on CTV Two.

Quoted

"I've already been here for 200 years and I'm going to be here for another millennium — I might as well try and preserve this place."

Ian Somerhalder, who plays Damon Salvatore on The Vampire Diaries
explaining why Damon should be concerned about the environment

Bedtime with a vampire

Somerhalder had some fun with the initial design for Damon's bedroom, since the character is a bit of a womanizer. "We were talking about filming Damon's room and I said, 'Oh, wow, you know what, his bed and his shower, they need to be able to fit at least eight sorority girls — and it does." The designers took Somerhalder's advice to heart. "It's two king beds together. It's huge," says the actor.

Ian Somerhalder plays Damon Salvatore in The Vampire Diaries. CTV TWO

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Got any wedding guest horror stories?

This author has more. Jen Doll wants to save you from getting egg on your face at your friends' nuptials

EMILY LAURENCE
Metro World News

Before you spend money on a dress you'll never wear again, before you scroll down a list of wedding registry gifts just looking for something in your price range — and most importantly, before you weed through your list of Facebook friends looking for someone hot enough you can ask to be your date without it being too weird — read these tips from Jen Doll, author of Save The Date.

She's been to more than her fair share of weddings, has seen it all and is here to save you from any wedding-guest mortification you are unknowingly setting yourself up for.

Don't make out with anyone related to the bride

"If you're single, you can flirt or make out with anyone you are attracted to who is also single ... as long as they aren't a relative of the bride," she says. Let Doll, who has seen her fair share of disastrous wedding hookups — and even had some of her own — save you from doing something you'll regret the next day. "The price of paying for it is too great with the awkwardness and potential apologies waiting to be made," she warns.

And that goes for the cater waiters too

Even if the hottest people at the reception at the ones keeping your wine glass full, Doll says it's best not to flirt with the wait staff. "They're there to serve you, so they have to be nice to you. It's a bit ungenerous to put them in that spot," she says. If it really seems like true love, Doll recommends exchanging digits and hanging out at a later date.

Don't do shots

The open bar isn't going to shut down, so there's no need to rush to the bar and start the day with tequila shots. When it comes to boozing it up at a wedding, take it slow. Doll has a whole section in her book devoted to the dangers of the open bar, so learn from her mistakes.

Quoted

"If you're single, you can flirt or make out with anyone you are attracted to who is also single ... as long as they aren't a relative of the bride."

Jen Doll, author of Save the Date, who has seen her fair share of disastrous wedding hookups — and even had some of her own

Don't wear painful shoes, even if they're pretty

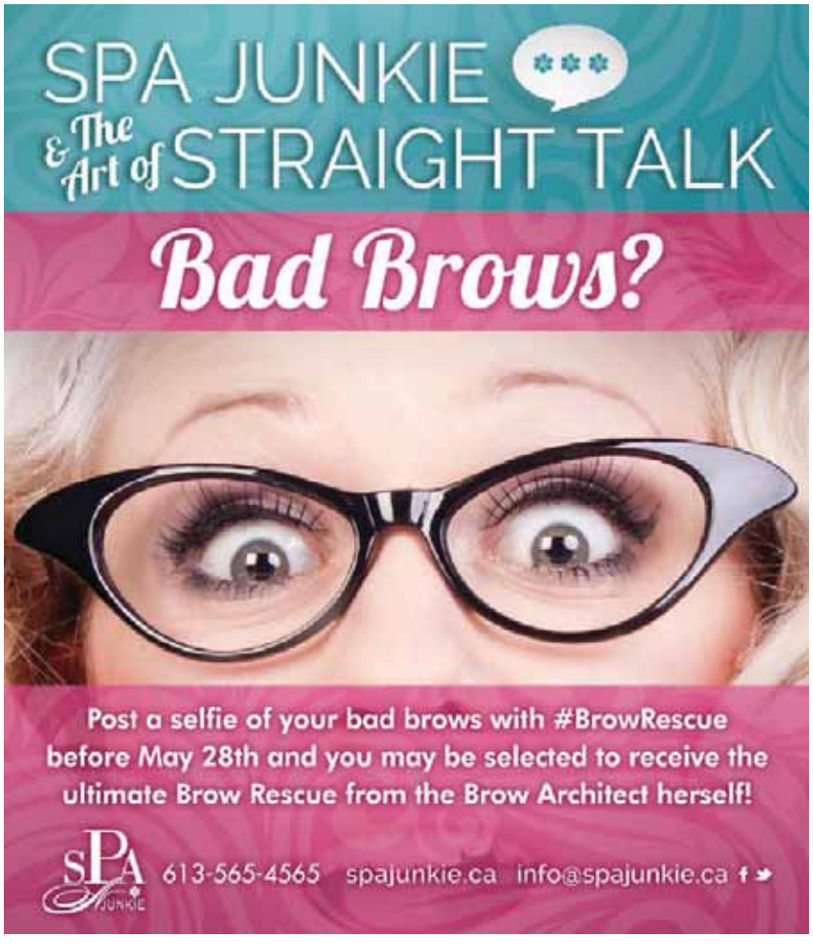
Weddings are long. "You're going to be standing, dancing and just generally spending a lot of time on your feet, so wearing shoes that are going to make you want to kill yourself after five minutes is not a good idea," Doll advises. When it comes to the rest of the outfit, her advice is to wear something you feel confident in. "It's nice to go to a wedding feeling good about yourself and good about the relationship you're there to support," she says.

Jen Doll, author of Save the Date. SARAH SHATZ

Don't bring a date just so you're not alone

There are definitely times when you should bring a date to a wedding, like when you're married or dating someone you like being around and who your friends like being around, too. But there are times when it's better to go solo, even when you'd rather not.

"If you're going to be seeing a lot of old friends and it's like a reunion, it might be best to go alone," Doll explains. You don't want to be stuck explaining who every person you name-drop is to your date, who will probably be bored, anyway. "Also, if you just started dating someone new, it's best to go by yourself," she says. "You don't want to push a new relationship and make it seem more real than it is," she says. Another time when it's best not to bring a date: right after a breakup. "It can be scary to go alone, but use that time to do something nice for yourself," Doll says. Get a blowout. If it's a destination wedding, stay a little longer. Use the wedding as an excuse to indulge.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Peaches Geldof ALL PHOTOS GETTY IMAGES

Geldof's death linked to use of heroin: Police

Heroin likely played a role in the death of British model and television personality Peaches Geldof, authorities said Thursday.

Detective Chief Inspector Paul Fotheringham of the Kent and Essex Serious Crime Directorate told an inquest into the death of the second daughter of Live Aid organizer Bob Geldof that a post-mortem examination was inconclusive, prompting further tests. In a brief hearing, Fotheringham said the results on the 25-year-old confirmed the presence of the drug.

"There was recent use of heroin and the levels identified were likely to have played a role in her death," he said.

Geldof's husband, Thomas Cohen, found her on April 7 after returning home from a visit to his parents.

"Thomas entered the property and went upstairs thinking that Peaches may have been sleeping." Fotheringham said. "Thomas then located Peaches in a spare bedroom and it was obvious to him that she was deceased.

"She was located on the edge of a bed with one leg hanging down to the floor with the other leg tucked underneath her; she was slumped forward across the bed."

Fotheringham said that even though Geldof had spent much of that weekend alone, she had been in contact with friends and family.

"All of the friends and family who had contact with Peaches during this period describe how she seemed her normal self and was making plans for the future, including booking a family outing for her sons the following weekend," Fotheringham said. "There was no cause for any concern."

The story offers a sad echo of the death of Geldof's mother, television presenter Paula Yates, who died of a drug overdose in 2000 when her daughter was 11.

THE ASSOCIATED PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

James claims LiLo broke into his hotel room at 3 a.m.

MELINDA TAUB
Metro World News

Remember Lindsay Lohan's bang list? Maybe it wasn't so much a list of guys she had slept with as it was a list of guys who'd read her bedtime stories after she followed them around for a while. That's what James Franco claims happened to him.

Franco never actually slept with LiLo — they just made out a little, he told Howard Stern (via Gawker). "We were at this hotel during a very dark period of her history," he says.

"It seemed pretty damn clear that she liked me. I'd come home late to the hotel and she'd come find me. I knew which room she was in and I'd see through the window, like, 'Oh, there's another party at Lindsay's,' and she would come out to the pool area and find me.

"She even broke into my room one time because she was so at home there, I guess they just gave her the key. And so 3 in the morning I was on the couch, and I open my eyes and there's Lindsay in my room at 3 a.m. and it's like, 'OK, what do I do now?' I read her a story. I was in school, so I was like, 'All right, maybe I'll get a little homework done so I'll read her a story.'"

Franco may be the first famous gentleman to go on Howard Stern to brag about not sleeping with a beautiful woman. Lindsay was apparently touched by the attention she paid him, though — she continued to meet up with him whenever she could.

For Courtney's dad, Cobain case isn't closed

While authorities recently re-examined the 20-year-old death of Kurt Cobain and determined it was in fact a suicide, at least one person is still alleging that Cobain's wife, Courtney Love, had something to do with it — and that person is Love's estranged father, Hank Harrison. "No doubt she was capable," Harrison reportedly tells Radar Online. "I can't prove she pulled the trigger, but I can prove her involvement to a high degree of certainty." Harrison cites a recently published note penned by Cobain just before his death that refers to Love's "doping and whoring" as particularly damning for the Hole singer.

Courtney Love

"If you read the true meaning of this small note, and place it in conjunction with the rest of the evidence, anyone with even half a wit will see that something dire and awful took place," Harrison said to the website. METRO WORLD NEWS

Zac Efron

Fight with homeless man was 'terrifying,' says Efron

Zac Efron is finally clearing the air about his mysterious scuffle with a homeless man near L.A.'s Skid Row last month. "The car ran out of gas off the 110. It was ridiculous. We had to pull over, and I called (car service) Uber," Efron explains to the Hollywood Reporter. "A homeless guy, or vagrant, tapped on the driver's side window. Before I knew it, (my friend) was out of the car, and they started fighting. I saw that (the homeless man) was carrying some sort of a knife, or shank, and I got out of the car to disarm him. At some point, he dropped the knife, and I got hit pretty hard in the face — and almost instantly the police were there to break up the fight. (It was) the most terrifying moment in my life." METRO WORLD NEWS

Liquid Assets

The catch of the day

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

While at a friend's wedding in New Brunswick last weekend, I found my roots in a bowl of homemade seafood chowder.

Growing up in Nova Scotia, a recipe of potatoes and just about anything from the ocean was more than a touristy treat in my house, its creation was a family tradition.

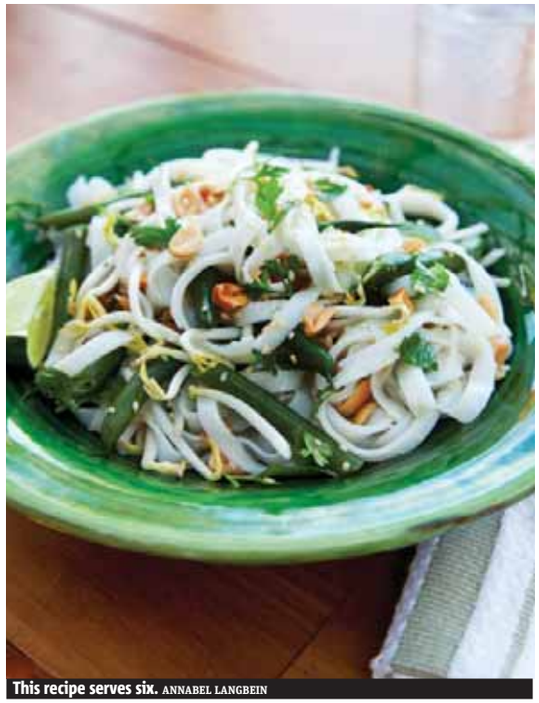
There were at least six different versions, from three generations, served at our gatherings. What they all had in common was a creamy consistency, which always caused trouble when it came to a wine match.

I'm in the white camp when it comes to chowder. No matter the recipe, the outcome is all about subtle flavours. The dark berry weight and forward tannins found in most glasses of red wine doesn't do the marriage (in your mouth) any favours.

Whites like those made from pinot grigio, unoaked chardonnay and sauvignon blanc work best. Chile's 2012 Santa Rita Reserva Sauvignon Blanc ($13.95 - $14.99) is fresh and tropical, with zesty citrus fruit and acidity that makes it a perfect partner with any chowder's cream and fish schtick. **PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Sometimes, weekend dinners call for something light. Annabel Langbein, who brings good food into today's fast-paced world, shows us an Asian-inspired dish that only takes 10 minutes to prep and five minutes to cook from her cookbook The Free Range Cook

Oodles of yum: Green Bean and Peanut Noodle Salad



This recipe serves six. ANNABEL LANGBEIN

THE FREE RANGE COOK
Annabel Langbein
gustotv.com

1. Cut the beans in half and boil them in salted water for 3 minutes. Refresh in cold water to retain their crunch and bright green colour.

Ingredients

- 6 handfuls (300 g) green beans, stalk ends trimmed
- 250 g rice stick noodles
- 1/2 cup roasted peanuts, roughly chopped
- 3 tbsp roughly chopped coriander
- 1 tbsp sesame seeds, toasted
- 2 cups bean sprouts

Dressing

- 1 tbsp sesame oil
- 2 tbsp grapeseed oil
- 2 tsp fish sauce
- 1/2 tsp salt
- ground black pepper

To serve

- lime wedges

2. Drop the rice noodles into a large pot of boiling water. Remove the pot from the heat immediately and allow to stand and cool for 10 minutes or longer. Drain the noodles then rinse in cold water.

3. Put the beans and cooked, drained noodles in a large serving bowl with the roasted peanuts, coriander, sesame seeds and bean sprouts.

4. Make the dressing by pouring sesame oil, grapeseed oil and fish sauce in a jar and shaking. Toss the dressing through the noodles and season to taste with salt and pepper.

5. Serve as a salad at room temperature or toss in a hot pan for 2-3 minutes for a stir fry side dish to serve with meats. Garnish with lime wedges to serve. **WATCH THE ANNABEL LANGBEIN FREE RANGE COOK MONDAY TO THURSDAY AT 5:30 P.M. EST, STARTING APRIL 28 ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINEUP AND MORE GREAT RECIPE IDEAS.**

Condiment

Chili Lime Salt

- 1 large fresh red chili
- 1/2 cup flaky sea salt
- finely grated zest of 2 limes

Remove seeds from chili and slice flesh into tiny pieces.

Mix with the sea salt and lime zest in a mortar and pestle or food processor and pound or blitz to form a fine crumb.

If you want to store the salt for later use, dry it out in the oven at 150 C for 30 minutes.

ANNABEL LANGBEIN, GUSTOTV.COM

Makes 2 cups. ANNABEL LANGBEIN

Condiment. Chili Jam

Ingredients

- 1 head garlic, cloves peeled
- 6-8 long red chili peppers, roughly chopped
- 3 thumb-sized pieces (200 g) fresh ginger, peeled and roughly chopped
- 2 double kaffir lime leaves, deveined (optional)
- 2 1/2 cups granulated sugar
- 1/2 cup water
- finely grated zest of 4 limes
- 1/2 cup rice vinegar
- 3 tbsp fish sauce
- 1 tsp soy sauce

1. Sterilize a 2-cup screw-top jar and its metal lid.

2. Purée the garlic, chili peppers, ginger and kaffir lime leaves, if using, to coarse paste. Place in a saucepan with the sugar, water, lime zest, rice vinegar, fish sauce and soy sauce.

3. Stir over a medium heat until the sugar dissolves, then boil for about 10 minutes until reduced by a third. It will bubble up like jam.

4. Spoon hot chili jam into the warm sterilized jar until it is filled to within 3 mm of top. Seal with screw lid. Once opened, store Jam in fridge. **ANNABEL LANGBEIN, GUSTOTV.COM**

This recipe makes one cup of Chili Jam. ANNABEL LANGBEIN

2nd-year centre playing like he's been here before

Jonas Valanciunas. Raptors need another big game from 21-year-old big man to eliminate the Nets on Friday

Toronto's Jonas Valanciunas has a piece of paper taped to the inside of his stall in the Raptors' locker-room at Air Canada Centre.

It's a reminder list of things that he wants to incorporate into his game every night. The word "outwork" is circled at the top of the list in red block letters.

The sophomore centre has been putting in the effort in Toronto's first-round series against Brooklyn and he's getting results to show for it.

Valanciunas, who averaged 11.3 and 8.8 rebounds a game during the regular season, has been a force for the Raptors and given the team a reliable low-post presence.

"My game is defend the basket. I'm the big man out there," Valanciunas said Thursday. "I've got to protect the basket, protect the paint, get all the rebounds. That's my job. It's a physical job."

Valanciunas got into early foul trouble in Toronto's 115-113 victory on Wednesday night but still finished with 16 points and six rebounds in 24 minutes of play.

He has looked impressive against Brooklyn's big men and has shown no sign of playoff jitters. Valanciunas seems to relish the brighter spotlight and appears quite comfortable in his first NBA post-season appearance.

"You get more nervous before the game," he said. "But I'm just trying to do my thing, trying to play my game. I'm not letting frustrations get in my head. I'm just playing my game."

The imposing figure of veteran playoff warrior Kevin Garnett has not appeared to intimidate Valanciunas at all. In fact, he seems to thrive on the challenge.

Valanciunas had 17 points and 18 rebounds in his playoff debut and recorded double-doubles in the first three games of the series. He was 7-for-10 from the field in Game 5 as the Raptors blew a 26-point lead before pulling out the win.

"I think that was a great experience for us," Valanciunas said. "We (made) some bad plays, some bad defence and we just learned from that. We had a practice today and we fixed the mistakes and we're going to try to not do that in Brooklyn." THE ASSOCIATED PRESS

Big names on the bench

Paul Pierce and Kevin Garnett found themselves on the bench for the entire fourth quarter of a Game 5 loss to the Raptors that sent the Nets to the brink of an even quicker elimination than last year, which seemed unthinkable before the season with the all-star roster they assembled.

- But coach Jason Kidd isn't thinking about it now. "We're just focused on tomorrow's game," he said Thursday.

Jonas Valanciunas of the Raptors fires a shot over Mason Plumlee of the Nets in Game 5 of the Eastern Conference quarter-finals at the Air Canada Centre on Wednesday in Toronto. The Raptors defeated the Nets 115-113 to take a 3-2 series lead. CLAUS ANDERSEN/GETTY IMAGES

Donald Sterling. NBA owners meet in hopes of 'expeditious' expulsion

The NBA owners' advisory/finance committee has held its first meeting about Donald Sterling and is committed to ending his ownership of the Los Angeles Clippers "as expeditiously as possible."

The 10-member committee held a conference call Thursday to discuss "the process for termination of Donald T. Sterling's ownership of the Los Angeles Clippers," the league says in a statement.

Commissioner Adam Silver banned Sterling for life and fined him $2.5 million Tuesday for making racist comments. Silver said he also would urge owners to force Sterling to sell.
THE ASSOCIATED PRESS

NHL

Torts tossed after tanking Canucks

It took longer than expected, but John Tortorella has become the latest casualty of the Vancouver Canucks' disappointing season. In his first major action with the team, new Canucks president Trevor Linden announced Thursday that Tortorella and assistant coach Mike Sullivan have been relieved of their duties. THE CANADIAN PRESS

MLB

Gose, Tolleson join Jays versus Royals

The Blue Jays recalled outfielder Anthony Gose and selected the contract of infielder Steve Tolleson from Triple-A Buffalo before Thursday night's series finale in Kansas City.

To clear roster space, Toronto optioned infielder Jonathan Diaz to Buffalo and designated outfielder Moises Sierra for assignment. THE ASSOCIATED PRESS

Tennis

Raonic advances at Portugal Open

Milos Raonic of Thornhill, Ont., is through to the quarter-finals of the Portugal Open after posting a 6-3, 6-2 win over Pablo Cuevas of Uruguay on Thursday.

It will be the fourth consecutive quarter-final appearance of the season for Raonic, who is looking for his first ATP Tour win on clay.
THE CANADIAN PRESS

4 SPORTS

Ducks, Kings primed for first playoff battle of L.A.

NHL. Rivals separated by 30 miles to square off for the first time in post-season Saturday

Southern California is in hockey heaven.

The Los Angeles Kings and the Anaheim Ducks will meet in the second round of the NHL playoffs this weekend, taking their Freeway Faceoff rivalry into the post-season for the first time.

"People have been waiting a long time for this," said Ducks forward Emerson Etem, who grew up rooting for the Kings in his native Long Beach. "It's huge for the game down here."

And it's huge for the Los Angeles sports scene, which has never experienced a matchup quite like the series that begins in Orange County on Saturday night.

The Lakers and the Clippers have never met in the NBA post-season. The Dodgers and the Angels have never reached the World Series together. The Rams and the Raiders never faced off in the NFL playoffs when they both called Southern California home nearly two decades ago.

But in their 20th season of head-to-head competition for the hearts of the Southland's hockey fans, the Kings and Ducks are squaring off for a trip to the Western Conference finals.

"We've been waiting for this to happen for a long time, and now it's finally here," Kings centre Jarret Stoll said.

With their rinks just 30 miles apart on the I-5 freeway, the Kings and Ducks have been geographical rivals ever since Anaheim entered the NHL as a Disney-backed expansion franchise in 1993.

THE ASSOCIATED PRES

Quoted

"You have to play a team in the playoffs to get a rivalry going. The distance makes it a good rivalry already, but this is going to be even better."

Kings defenceman Matt Greene on growing the hostility with the Ducks

The Ducks' Tim Jackman collides with Kings goalie Jonathan Quick and defenceman Drew Doughty on Jan. 25 in Los Angeles. HARRY HOW/GETTY IMAGES

Second-round clash

Wild aim for payback against reigning champs

Patrick Sharp thought the Chicago Blackhawks were going to play the Colorado Avalanche. Then he thought they were going to play the Minnesota Wild. Then he thought they were going to play the Avs again, and on and on it went.

While the Wild and Avalanche played an epic Game 7 on Wednesday night, the Blackhawks were hanging on every goal.

"It was crazy. Back and forth. Every time there was a goal scored, I was thinking we were playing that team or the other team, right down to the very end," Sharp said.

The very end had the Wild celebrating after Nino Niederreiter's second goal of the game lifted Minnesota to a 5-4 overtime win at Colorado, setting up a rematch from last year's playoffs. Minnesota lost to Chicago in five games in the first round, and the Blackhawks went on to win their second NHL title in four seasons.

The Blackhawks will host the Wild in Game 1 on Friday night.

THE ASSOCIATED PRES

Kings of pong gather 'round the table in Tokyo for world team championships

China's Xu Xin plays against Zolt Pete of Serbia during their round-robin match at the world team table tennis championships on Tuesday in Tokyo. Scan the above image with your Metro News app to view a gallery of the best table tennis photos from Thursday. KOJI SASAHARA/THE ASSOCIATED PRESS

PGA

Cabrera has early lead on Flores and Mickelson

Phil Mickelson kept it entertaining to the very end Thursday and finished one shot behind Angel Cabrera in the Wells Fargo Championship.

Cabrera played in the morning and thrived on the new Bermuda greens at Quail Hollow. He made seven birdies in a round of 6-under 66. It's his lowest score of the year and only the fourth time he shot in the 60s.

The wind was strong and swirling in the afternoon. That didn't stop Mickelson. He made birdies off the pine straw, made a long par save on one hole and three-putted another. Mickelson finished with a 6-iron from a tough stance in the bunker that led to par and a 67.

Martin Flores also shot 67. THE ASSOCIATED PRESS

Whoa Johnny. Opinions mixed on football's Manziel

As he discussed the possibility of quarterback Johnny Manziel being picked by Cleveland in the upcoming draft, Browns linebacker Quentin Groves made a small sign of the cross.

A prayer that he's coming? A plea that he stays away?

Groves' intentions with his gesture weren't clear.

Like just about everything around Johnny Football, there's no definite answer.

The most polarizing player to enter the NFL in a while, Manziel, is being closely linked to the Browns, who own the No. 4 overall pick in next week's draft and have been seeking a franchise quarterback for more than a decade.

Cleveland's inability to land a QB either in the draft or via free agency or blind luck may be the single biggest reason the Browns have only made the playoffs once since 1999 and seem to change coaches every year.

There are those who believe Manziel can save the Browns.

Johnny Manziel GETTY IMAGES

Others feel the Texas A&M quarterback's dazzling skills — and size — won't translate to the pro game.

He's dynamic.
He's too small.
He's a game-changer.
He's self-absorbed.
He's a hard worker.
He's a head case.
He's charismatic.

Everyone has an opinion on Manziel, the 2012 Heisman Trophy winner who has been projected as being picked anywhere from the top 5 to the bottom of the first round.

THE ASSOCIATED PRES

Horoscopes

♈ Aries
March 21 - April 20
There will be many claims on your time and energy today, so be selective in what you agree to do or you may exhaust yourself. You know that it's better to do one job really well than ten jobs poorly.

♉ Taurus
April 21 - May 21
You may be tempted take a break and you have earned that right but the planets urge you to keep going. Make the most of your energy surge while you can — you know how quickly things can change.

♊ Gemini
May 22 - June 21
What you do for others now will come back to you many times over a few weeks hence when the Sun moves in your favour again. You don't have to sacrifice much — just put others' needs first occasionally.

♋ Cancer
June 22 - July 23
It seems you have been taking one friendship for granted and if you let the situation carry on this way you may drift too far apart to ever get back together again. Give them a call.

♌ Leo
July 24 - Aug. 23
Give your physical, mental and emotional batteries a chance to recharge. The good news is you have already made a big impression on someone in a position of power.

♍ Virgo
Aug. 24 - Sept. 23
You may be practical but you are allowed to dream too and one dream is close to coming true. Go all out today and over the weekend to push past any remaining obstructions.

♎ Libra
Sept. 24 - Oct. 23
You may have to wait a few weeks before you get the chance to put your big idea into effect. The more time you give it to percolate through your brain, the more likely it is to be an outstanding success.

♏ Scorpio
Oct. 24 - Nov. 22
Others may be obstructive today but you don't have to make an issue of it. Treat it as an opportunity to show how patient and relaxed you can be.

♐ Sagittarius
Nov. 23 - Dec. 21
You will be annoyed if something holds you back today but later you will thank your lucky stars that you were forced to stay where you are. If fate conspires to keep you from something there is a reason.

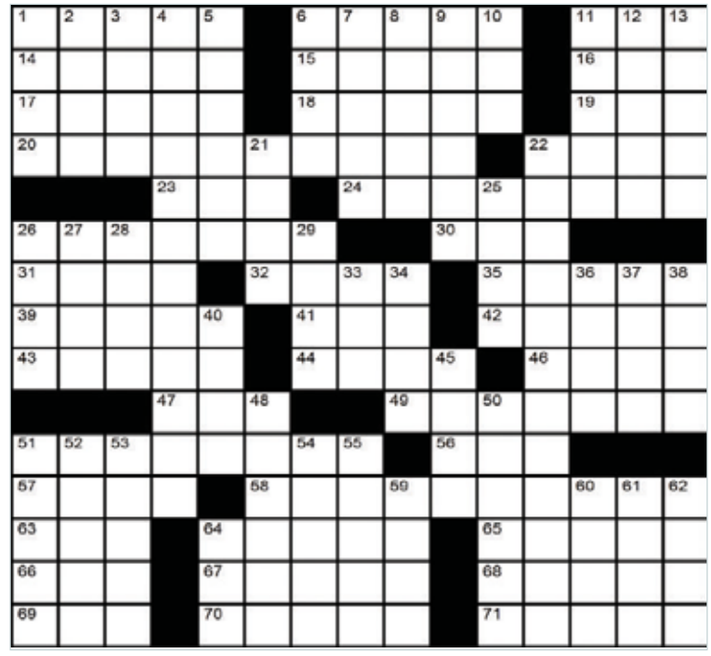
♑ Capricorn
Dec. 22 - Jan. 20
Take difficulties in stride and find ways to get something constructive from them. The Sun in Taurus at this time of year has a hugely positive effect on your outlook on life.

♒ Aquarius
Jan. 21 - Feb. 19
The good news is you seem to be handling challenges well and the even better news is it won't be long before you are rewarded. Everything evens out in the end, so believe that the good times will return.

♓ Pisces
Feb. 20 - March 20
You may be tempted to muddle through a problem and hope it all comes right in the end, and maybe it will. But wouldn't it be easier if you called on the help of an expert? Not even a Pisces can do it all. SALLY BROMPTON

Crossword: Canada Across and Down

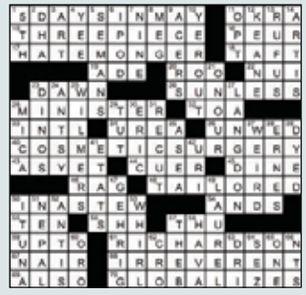
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Actor Jason
6. Move
11. 'Bad'-meaning prefix
14. Sluggish
15. Throw for _ __
16. __ Aduba, "Orange Is the New Black" actress
17. Bellowing
18. Grouches
19. Stubby pencil
20. NFLD: Historic site for Cabot Tower overlooking St. John's: 2 wds.
22. Enthusiasm
23. God: Italian
24. Environmental conditions
26. Jamie Foxx's role in #9-Down
30. Negatives
31. Ripped
32. __ Shmenge (John Candy "SCTV" character)
35. Beach
39. Movie-makers Joel and Ethan
41. "Wellll...?"
42. Leg bone
43. Actor Will
44. Pourboires
46. Petroleums
47. Cup circle
49. Scarcely
51. General __ Canada (Defence contractor)
56. "_ _ _" (1989) starring 'Weird Al' Yankovic
57. Mr. Julia
58. Manicure product: 2 wds.
63. Year: Spanish
64. Montreal: Saint Brother __ (A bit of his heart remains in Saint Joseph's Oratory)
65. Lothario
66. __. Engr.
67. Bull's 'stabs'
68. Extra
69. Wood sorrel
70. 1936 Berlin Olympics legend Jesse
71. 'Poly' follower

Down
1. Partiality
2. Crucifix inscription
3. Cartography subj.
4. Warren and Wetmore, Winnipeg's Union Station architectural firm, also designed New York's __ __ Terminal
5. __ of Belle Isle
6. Johann Sebastian __
7. Municipality in Quebec's Gaspe Peninsula, Saint-__
8. "I'm going to __ __ that I can to..."
9. "The Amazing Spider-Man 2" (2014) character, Green __
10. Retro albums, e.g.
11. Nova Scotia's motto: __ Haec Et Altera Vincit (One defends and the other conquers)
12. Blue hue
13. Earrings spots
21. Parrot type
22. 'Worst dressed' list highlights: 2 wds.
25. Majority
26. Abbr. list-enders
27. Hang over
28. "Able was I __ _ saw Elba." (Palindrome)
29. Jacob van __ the Elder (Flemish painter)
33. "__ _ gather that..."
34. Bunny jumps
36. Sad bio
37. Streamlet
38. __-going
40. Wedge
45. Atlantic 'porgy' fish
48. "Gilligan's Island" boat, S.S. __
50. "You can lead _ __ to water..."
51. __ Malfoy, from 'Harry Potter'
52. "Cityline" guest expert Mr. Simard (Designer)
53. La Vita __ (Dante prose)
54. Close-knit unit
55. Emergency sound
59. Discounted
60. "__ __ my wit's end!"
61. Dry
62. Tiller
64. Past

Yesterday's Crossword



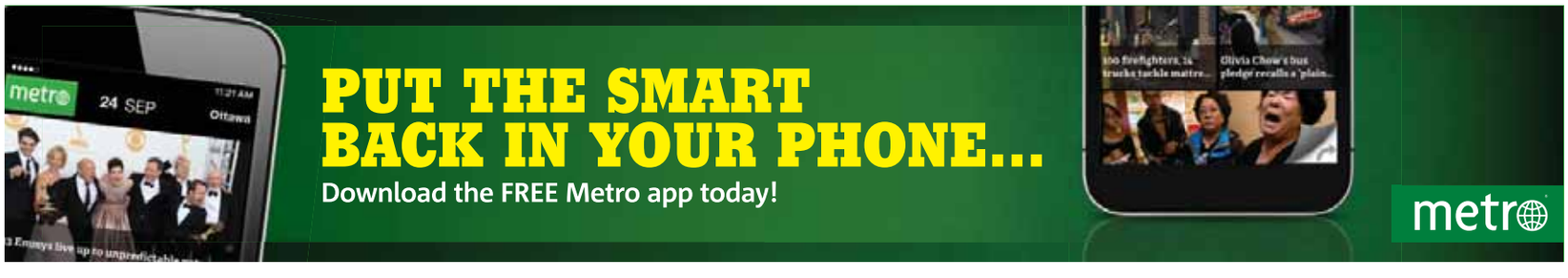
Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

5		3	9			7		
	4		5			3		1
	6		3		1		8	
		7		5	9	6		
8	5						2	4
		1	6	2		8		
	8		2		7		3	
2		5			6		7	
		9			5	2		8

Yesterday's Sudoku

1	2	3	5	6	4	8	7	9
4	5	6	9	8	7	2	1	3
9	7	8	2	1	3	5	4	6
5	3	7	6	2	8	1	9	4
2	6	4	1	3	9	7	8	5
8	1	9	4	7	5	3	6	2
3	9	5	7	4	1	6	2	8
7	8	2	3	9	6	4	5	1
6	4	1	8	5	2	9	3	7



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